Newborn Breastfeeding Log

Normal Expectations for the Breastfeeding Infant in the First Week

Expect your baby to breastfeed 8 to 12 times in 24 hours. To keep track of how your baby is doing, circle the hour when your baby breastfeeds. Put a "B" above the hour of the day if baby nursed on both breasts or place an "L" for the left breast or an "R" for the right breast.

Circle the "W" when your baby has a wet diaper. Circle the "S" when your baby has a soiled diaper. The minimum number of W and S expected are included with each day.

Baby's birthday: / / and Time: am pm

Day 1 (Birthday)

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11
Wet diapers W
Black tarry soiled diapers S
Audible swallowing while breastfeeding? Yes No

Day 2

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11
Wet diapers W W
Black tarry soiled diapers S S
Audible swallowing while breastfeeding? Yes No

Day 3

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11
Wet diapers W W W
Green soiled diapers S S
Audible swallowing while breastfeeding? Yes No

Day 4

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11
Wet diapers W W W W
Green soiled diapers S S S
Audible swallowing while breastfeeding? Yes No

Day 5

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11
Wet diapers W W W W W
Green soiled diapers S S S S
Audible swallowing while breastfeeding? Yes No

Day 6

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11
Wet diapers W W W W W W
Green soiled diapers S S S S
Audible swallowing while breastfeeding? Yes No

Day 7

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11
Wet diapers W W W W W W
Green soiled diapers S S S S
Audible swallowing while breastfeeding? Yes No

If you have concerns about how your baby is feeding call your baby's clinic, the HealthPartners Breastfeeding Center at **952-967-7955**, or the Baby-line at **612-339-3663**.