

Save at the gym



Try our Frequent Fitness gym savings program to save up to \$20 per person on your monthly health club membership when you work out 8 or more days each month.

1. Find a health club

Go to healthpartners.com/frequentfitness to search for participating health clubs.

Some participating health clubs include:

- University Recreation Center
- Anytime Fitness*
- CorePower Yoga
- Curves
- LA Fitness*
- Life Time Fitness
- Snap Fitness
- And more!

2. Sign up

Sign up for Frequent Fitness when you join a participating health club. Show your HealthPartners Member ID card at the front desk.

3. Work out

Exercise at least 8 days each month.

4. Get paid

Your health club membership account is reimbursed six to eight weeks after your monthly workouts.

Only residents, fellows, interns and their spouses are eligible for the Frequent Fitness reimbursement.



University Recreation Center

*Not all locations apply. Frequent Fitness program is limited to members, age 18 years or older, of HealthPartners senior or individual medical plans and members of participating employer groups. Some restrictions apply. Termination of club membership may result in forfeiture of any unpaid incentive. See participating club locations for program details. The information here should not be used as medical advice.