

Extra dental care if you need it



They say the eyes are the windows to the soul. At HealthPartners, we say your mouth is the window to your overall health.

When you get your dental checkup, your dentist does more than check for cavities and bleeding gums. They also check for signs of cancer in your mouth and up to 120 other diseases. Your teeth and gums tell a lot about the rest of your body.

Did you know that people who are diabetic or pregnant are at greater risk of gum disease? It's true. Gum disease can make it harder to manage your diabetes or to have a healthy pregnancy.

That's why if you're pregnant or have diabetes and are at-risk for gum disease, you get extra dental care covered at 100 percent.

How does this benefit work?

There's no deductible or coinsurance. Your plan will pay even if you've already reached your annual maximum for the year. Just see an in-network dentist.

You'll also be happy to know that extra dental care can help you save money and time. If a dentist catches a disease early, it can be much easier to treat by your doctor. Isn't that something to smile about?



David
Dentist

A healthy mouth helps to keep a body healthy. We're here to support you. To learn more about your dental benefits, give Member Services a call at **952-883-5000** or **800-883-2177**.



Why get extra dental care if you're diabetic or pregnant?

- Research shows that pregnant women with gum disease are seven times more likely to have a baby that's born too early or with low birth weight.
- People with type 2 diabetes are more likely to have gum disease, which means you're more likely to lose teeth.
- Diabetics with gum disease have a harder time controlling their blood sugar. This can lead to other serious health problems.