

## Asthma and COPD Patient Education Visits

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Interested in learning more about asthma or chronic obstructive pulmonary disease (COPD)? If you're a patient of HealthPartners Clinics, you can schedule a visit with the Respiratory Nurse Clinician.

Information covered includes:

- What is asthma/COPD?
- Triggers, irritants and prevention tips
- Medications
- Review of inhaler technique
- Monitoring your peak flow and symptoms
- Asthma Action Plan

To schedule a visit, call the number below for the clinic you want to go to.

HealthPartners Midway Clinic	952-967-7886
HealthPartners West Clinic	952-967-7720

If you want to schedule a visit with the nurse at another HealthPartners clinic, call her directly at 651-647-2049.