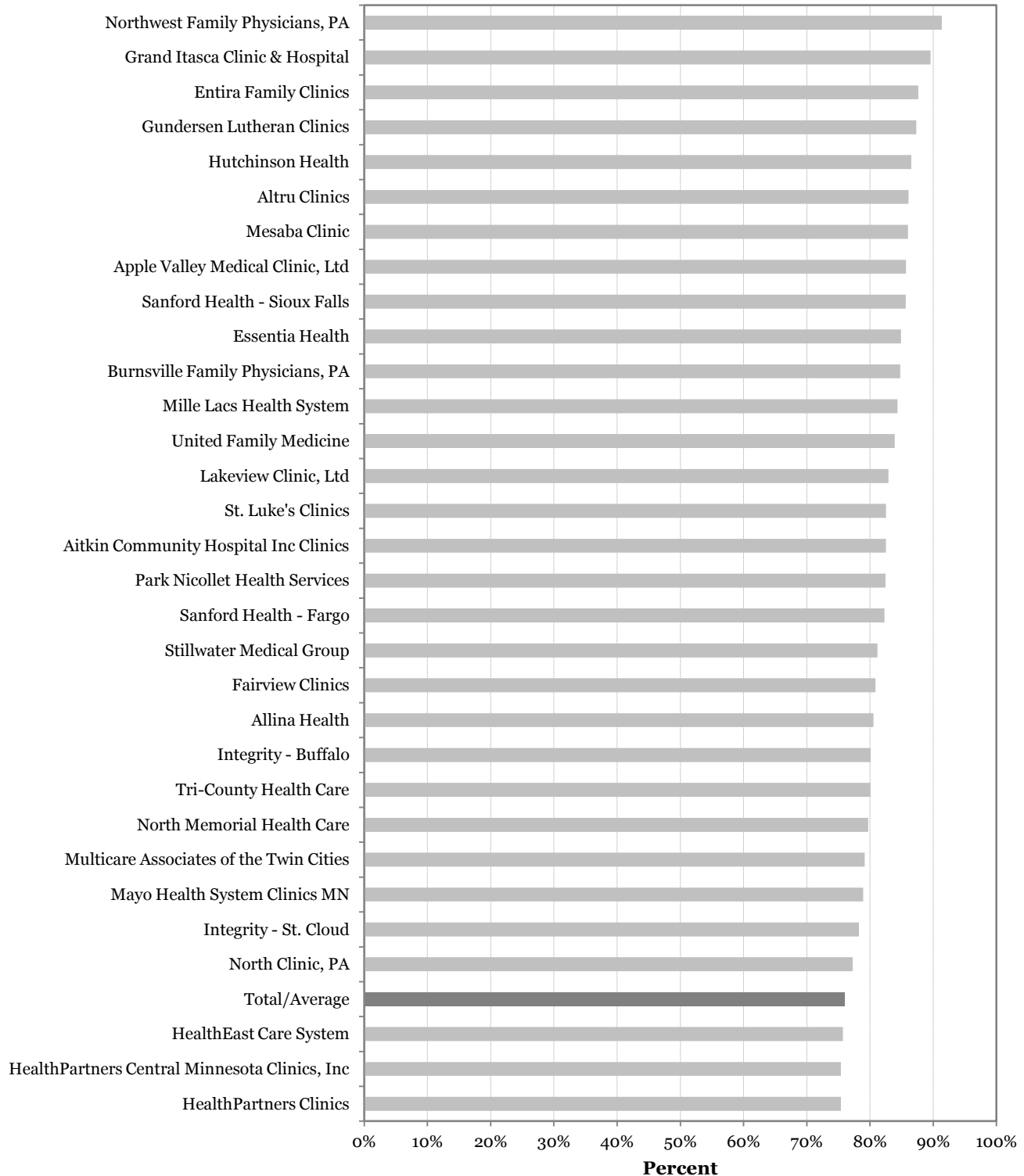


## High Blood Pressure - Primary Care

Blood pressure is the force of blood against artery walls as it circulates through the body. Blood pressure rises and falls during the day. When blood pressure stays elevated over time, it is called high blood pressure. High blood pressure makes the heart work too hard. High quality care for high blood pressure includes treatments that keep a patient's blood pressure below 140/90. The bar charts below will tell you how successful Minnesota physicians and other health care providers are in helping patients with high blood pressure keep their blood pressure under control.

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