

Well-Child Visits and Immunizations



HealthPartners[®]
Park Nicollet[®]

What to expect from birth to 20 years old

Use the following guide to help schedule all of your child's recommended preventive healthcare visits.
Making sure your child regularly sees his or her clinician helps support your child's health and well-being.

Well-child visit by age	Infancy							Early childhood						
	Birth	By 1 week	By 1 month	2 months	4 months	6 months	9 months	12 months	15 months	18 months	2 years	2.5 years	3 years	4 years
Physical examination	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Weight and length or height	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Body mass index (BMI)											•	•	•	•
Head circumference	•	•	•	•	•	•	•	•	•	•	•			
Blood pressure													•	•
Hearing	•												•	•
Vision													•	•
Health form*		•	•	•	•	•	•	•	•	•	•	•	•	•
Blood tests								•			•			
Immunizations														
Hepatitis B (Hep B)	•			•	•	•								
Rotavirus (given by mouth)				•	•	•								
Haemophilus Influenzae type B (Hib)				•	•				•					
Pneumococcal conjugate (PCV)				•	•	•			•					
Diphtheria/Tetanus/Pertussis (DTaP)				•	•	•			•					•
Inactivated polio virus (IPV)				•	•	•								•
Measles, Mumps and Rubella (MMR)								•						•
Varicella (Chickenpox)								•						•
Hepatitis A (Hep A)								•		•				
Influenza (during flu season) [†]														
Oral Health														
Oral health check		•	•	•	•	•	•	•	•	•	•	•	•	•
Fluoride varnish						•	•	•	•	•	•	•	•	•

3 years and older: Your child will need to undress (underwear can remain on) and put on a gown for getting weighed and having a physical exam.

* Health form: Every well-child visit includes a health form. If you receive the form by mail, complete and bring to the visit, or arrive early to complete at your clinic. Bring any sports, camp, school and childcare forms that you need your clinician to complete.

[†] Influenza: Children 6 months through 8 years old who get influenza vaccine for the 1st time should get 2 doses—the 2nd dose should be given at least 4 weeks after the 1st dose.



Well-child visit by age	Middle Childhood						Adolescence							Adulthood		
	5 years	6 years	7 years	8 years	9 years	10 years	11 years	12 years	13 years	14 years	15 years	16 years	17 years	18 years	19 years	20 years
Physical examination	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Weight and height	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Body mass index (BMI)	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Blood pressure	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Hearing	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Vision	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Health form*	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Lab tests (12 to 20 years)																
HIV												recommended time range				
Cholesterol (based on risk factors)					recommended time range											
Hemoglobin (menstruating females only)								recommended time range								
Chlamydia screening (females only)												recommended time range				
Immunizations																
Tetanus, diphtheria, pertussis (Tdap)†							•									
Human papillomavirus (HPV)‡							2 to 3 doses, depending on patient's age									
Meningococcal conjugate (MCV)							•					•				
Influenza (during flu season)	Annual vaccine, 1 or 2 doses				Annual vaccine, 1 dose only											
Oral Health																
Oral health check	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Fluoride varnish	•															

Exam and tests: Your child will undress (underwear can remain on) and put on a gown to get weighed and have a physical exam. Depending on age and gender, certain lab tests will be done. Talk to your clinician about using an alternative immunization schedule, if needed.

12 years and older: Time is provided during appointment for teens to discuss questions or concerns privately with their clinician.

* Health form: Your child will be asked to complete some questions on their own. Bring any sports, camp, and school forms that you need your clinician to complete.

[†] Tdap: If a teen is pregnant, Tdap should also be given during pregnancy, preferably between 27 and 36 weeks of gestation.

[‡] HPV: This vaccine requires 2 doses. The 2nd dose should be given at least 6 months after the 1st dose. If vaccine is started at 15 years old or older, 3 doses are needed. The 2nd dose should be given 1 to 2 months after the 1st dose. The 3rd dose should be given at least 6 months after the 1st dose.