Find in-network clinics and hospitals by signing into your online account at **healthpartners.com** or the **myHP** mobile app.

|  |  |  |  |
| --- | --- | --- | --- |
| When you need | Go to | Average cost | Average  time spent |
| Health advice from a nurse for:   * At-home remedies * When to go in for care | **CareLineSM service**  Call 24/7 at **800-551-0859** | **Free** |  |
| Treatment and prescriptions  for minor medical issues, like:   * Bladder infection * Pink eye * Upper respiratory infections   You’ll get a diagnosis, treatment plan and a prescription if you need one. | **Virtuwell®\***  24/7 online care with a  certified nurse practitioner  **virtuwell.com** | $ |  |
| **Doctor On Demand**  Video visit with a  board-certified physician  **doctorondemand.com** | $ |
| Convenience clinics (found in retail and grocery stores) | $ |
| A regular checkup or special care during the day for things like:   * Diabetes management * Vaccines | Primary care clinics | $$ |  |
| Care for urgent problems when  your doctor’s office is closed, like:   * Cuts that need stitches * Joint or muscle pain | Urgent care clinics | $$$ |  |
| Help in an emergency, such as:   * Chest pain or shortness of breath * Head injury | Free-standing emergency room | $$$$ |  |
| Hospital emergency room | $$$$ |

Know where to go when it’s not an emergency

# Skip the ER trip

It’s tempting to rush to the emergency room when conditions are rough. But there are other options that are faster and cost less. Use this chart to help make the choice that gives you the right care for the best cost.