



## Esophageal manometry and pH instructions

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You have been scheduled for an esophageal manometry and pH test on:

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Manometry/pH testing is done here in the Digestive Care Center. This test has been ordered to provide information regarding how the muscles of the esophagus work, and/or whether acid reflux is causing other symptoms. The pH study is a 24-hour test and you will go home with a recorder after a probe is placed and you will bring the equipment back the next day.

**Do not eat or drink anything for 6 hours before the test** (you may take medications with sips of water).

If you are diabetic and take any form of insulin, check with your primary care provider to learn how you should take your insulin during the test. If you take medicine by mouth for diabetes, **do not** take your morning dose the day of your test.

Please stop the following medications for five days before the study:

- Reglan
- Erythromycin
- Morphine
- Codeine
- Zofran (Ondansetron)
- Methadone/Suboxone

If you take any blood thinning medicine – such as Coumadin/Warfarin, Plavix/Clopidogrel, Pradaxa, Eliquis, etc. – check with your primary care provider about holding these medications for five days before the test.

If you have any questions, please call us at **651-254-8600**.

*The Digestive Care Center is a department of Regions Hospital.*

**Digestive Care Center**  
**435 Phalen Blvd**  
**St. Paul, MN 55130**  
**651-254-8600**