Summary of Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: HMO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.healthpartners.com or by calling 1-877-838-4949.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	In-network: \$1,000 Individual/ \$2,000 Family Out-of-network: \$10,000 Individual/ \$20,000 Family Copays are not subject to deductible	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1 st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> . This plan has an embedded <u>deductible</u> . The plan begins paying benefits that require cost sharing for the first family member who meets the Individual <u>deductible</u> . The family <u>deductible</u> must then be met by one or more of the remaining family members and then the plan pays benefits for all covered family members.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out–of–</u> <u>pocket limit</u> on my expenses?	Yes. In-network medical/pharmacy: \$7,000 Individual/ \$14,000 Family There is no out-of-network out of pocket limit.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out–of–pocket</u> <u>limit</u> ?	Premium, balance-billed charges (unless balanced billing is prohibited), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a list of in-network providers , see healthpartners.com/individua lnetwork or call 1-877-838-4949.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the <u>specialist</u> you choose without permission from this plan.

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Summary of Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: HMO

Important Questions	Answers	Why this Matters:
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .

• **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.

- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use in-network **providers** by charging you lower **<u>deductibles</u>**, **<u>co-payments</u>** and <u>**co-insurance**</u> amounts.

Common		Your cost if you use a			
Medical Event	Services You May Need	In-Network Provider	Out-Of-Network Provider	Limitations & Exceptions	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	Primary Office Visit: \$10 copay Convenience Care: \$5 copay virtuwell: No charge	Primary Office Visit: 50% coinsurance Convenience Care: 50% coinsurance virtuwell: Not covered	Services received by Indian Health Providers are covered at 100%.	
	Specialist visit	\$30 copay	50% coinsurance	Services received by Indian Health Providers are covered at 100%.	
	Other practitioner office visit	\$10 copay	50% coinsurance	Services received by Indian Health Providers are covered at 100%.	
	Preventive care/screening/immunization	No charge	50% coinsurance	Services received by Indian Health Providers are covered at 100%.	
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance for x-ray/No charge for lab	50% coinsurance	Services received by Indian Health Providers are covered at 100%.	

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Common		Your cost if you use a			
Medical Event	Services You May Need	In-Network Provider	Out-Of-Network Provider	Limitations & Exceptions	
	Imaging (CT/PET scans, MRIs)	20% coinsurance	50% coinsurance	Services received by Indian Health Providers are covered at 100%.	
If you need drugs to treat your illness or condition	Generic drugs	Formulary Low Cost: \$5 copay at retail, \$15 copay at mail Formulary High Cost: \$25 copay at retail, \$75 copay at mail Non-formulary: Not covered	Formulary: 50% coinsurance at retail, mail not covered Non-formulary: Not covered	30 day supply retail / 90 day supply mail order. Non-formulary drugs are not covered unless an exception is granted. Services received by Indian Health Providers are covered at 100%.	
More information about <u>prescription</u> <u>drug coverage</u> is available at healthpartners.com/ genericsadvantagerx	Formulary brand drugs	20% coinsurance	50% coinsurance at retail, mail not covered		
	Non-formulary brand drugs	Not covered	Not covered		
	Specialty drugs	20% coinsurance	Not covered	Specialty drugs are limited to drugs on the specialty drug list and must be obtained from a designated vendor.	
If you have	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% coinsurance	Services received by Indian Health Providers are covered at 100%.	
outpatient surgery	Physician/surgeon fees	20% coinsurance	50% coinsurance	Services received by Indian Health Providers are covered at 100%.	
If you need immediate medical attention	Emergency room services	20% coinsurance	20% coinsurance	Out-of-network services apply to the in-network deductible. Services received by Indian Health Providers are covered at 100%.	

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Common		Your cost if you use a		
Medical Event	Services You May Need	In-Network Provider	Out-Of-Network Provider	Limitations & Exceptions
	Emergency medical transportation	20% coinsurance	20% coinsurance	Out-of-network services apply to the in-network deductible. Services received by Indian Health Providers are covered at 100%.
	Urgent care	\$30 copay	50% coinsurance	Services received by Indian Health Providers are covered at 100%.
If you have a	Facility fee (e.g., hospital room)	20% coinsurance	50% coinsurance	Services received by Indian Health Providers are covered at 100%.
hospital stay	Physician/surgeon fee	20% coinsurance	50% coinsurance	Services received by Indian Health Providers are covered at 100%.
	Mental/Behavioral health outpatient services	\$10 c opay	50% coinsurance	Services received by Indian Health Providers are covered at 100%.
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health inpatient services	20% coinsurance	50% coinsurance	Services received by Indian Health Providers are covered at 100%.
	Substance use disorder outpatient services	\$10 c opay	50% coinsurance	Services received by Indian Health Providers are covered at 100%.
	Substance use disorder inpatient services	20% coinsurance	50% coinsurance	Services received by Indian Health Providers are covered at 100%.
If	Prenatal and postnatal care	No charge	50% coinsurance	Services received by Indian Health Providers are covered at 100%.
If you are pregnant	Delivery and all inpatient services	20% coinsurance	50% coinsurance	Services received by Indian Health Providers are covered at 100%.
If you need help recovering or have other special health	Home health care	\$30 copay	50% coinsurance 120 visit limit. Services at 100%.	
needs	Rehabilitation services	20% coinsurance	50% coinsurance	Services received by Indian Health Providers are covered at 100%.
	Habilitation services	20% coinsurance	50% coinsurance	Services received by Indian Health Providers are covered at 100%.

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Common	Services You May Need	Your cost if you use a			
Medical Event		In-Network Provider	Out-Of-Network Provider	Limitations & Exceptions	
	Skilled nursing care	20% coinsurance	50% coinsurance	Limited to 120 days per confinement. Services received by Indian Health Providers are covered at 100%.	
	Durable medical equipment	20% coinsurance	50% coinsurance	Services received by Indian Health Providers are covered at 100%.	
	Hospice service	20% coinsurance	50% coinsurance	5 days for respite/30 combined for respite and continuous. Services received by Indian Health Providers are covered at 100%.	
	Eye exam	No charge	50% coinsurance	Services received by Indian Health Providers are covered at 100%.	
If your child needs dental or eye care	Glasses	20% coinsurance	Not covered	Limited to one pair of eyeglasses or contact lenses per year. Services received by Indian Health Providers are covered at 100%.	
	Dental check-up	Not covered	Not covered	none	

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.) Infertility treatment Routine eye care (Adult) Acupuncture ۲ ۲ Bariatric surgery Long-term care Routine foot care Cosmetic surgery Non-formulary drugs without a formulary Termination of pregnancy, except in cases of ۲ rape, incest, or danger to the life of the Dental care (Adult)(and children)

Hearing aids(Adult) ۲

- exception
- Private-duty nursing

- mother.
- Weight loss programs

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Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these
services.)

•	Chiropractic care	
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• Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-877-838-4949. You may also contact your state insurance department at the following: MN Dept of Health at 651-201-5100 / 1-800-657-3916 or the MN Dept of Commerce at 651-539-1600 / 1-800-657-3602.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact your state insurance department at **the following: MN Dept of Health at 651-201-5100** / **1-800-657-3916 or the MN Dept of Commerce at 651-539-1600** / **1-800-657-3602**.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does</u> <u>provide</u> minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-838-4949. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-838-4949. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-838-4949.

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Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-838-4949.

HealthPartners: Peak Individual \$1,000 w/Copay Gold Limited Cost Share Plan Coverage Period: 01/01/2017-12/31/2017 Coverage Examples Coverage for: Individual/Family | Plan Type: HMO

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different. Cost sharing or "Patient pays" amounts are based on selfonly coverage. Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,140
- Patient pays \$2,400

Sample care costs:

cumple cure costor	
Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540
Patient pays:	
Deductibles	\$1,000
Copays	\$ 0
Coinsurance	\$1,200
Limits or exclusions	\$200
Total	\$2,400
20002	• •

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

■ Amount owed to providers: \$5,400

■ Plan pays \$3,620

■ **Patient pays** \$1,780

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400
Patient pays:	
Deductibles	\$1,000
Caraan	¢100

Copays	\$100
Coinsurance	\$600
Limits or exclusions	\$80
Total	\$1,780

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Coverage Examples

Coverage for: Individual/Family | Plan Type: HMO

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✗ No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✗ No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

 ✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.