



After a life-changing injury or illness, you or a loved one may face many challenges in returning to everyday life. Our team is here to provide the tools needed to increase independence and reach your goal of returning home.

We treat patients with a wide variety of rehabilitation needs, no matter how complex, including:

- Stroke
- Brain injury
- Spinal cord injury
- Multiple trauma
- Amputation of limbs
- Burn
- Other neurological, medical and orthopedic conditions

Highest level of rehabilitation care

Acute Inpatient Rehabilitation is a specialized service of Regions Hospital. We commit to the highest standards of quality and rehabilitation practice, and since 1994 we have been continuously certified by the Commission for Accreditation of Rehabilitation Facilities (CARF). Currently, our rehabilitation programs are CARF accredited for:

- Comprehensive Integrated Inpatient Rehabilitation – Adults
- Brain Injury Specialty – Inpatient Adults
- Stroke Specialty – Inpatient Adults



Contact Us

To talk with our admissions team:

651-254-3620

Pager: 651-629-1019

Fax: 651-254-0140



Acute Inpatient Rehabilitation

INTENSIVE THERAPY SERVICES AND EXPERT MEDICAL CARE





Comprehensive services

Our team of rehabilitation doctors, nurses and clinicians works with you and your loved ones to create a care plan to help you achieve your goals and regain independence.



THE PLAN TYPICALLY INCLUDES:

- At least three hours of therapy a day, at a minimum of six days a week, consisting of physical therapy, occupational therapy and speech therapy
- Daily visits by a rehabilitation doctor and 24/7 rehabilitation nursing
- Consultation with a rehabilitation psychologist and social worker
- Recreation therapy, goal-oriented community outings and evening activities

ALSO AVAILABLE ARE:

- Nutrition services
- Orthotics and prosthetics
- Pastoral care and peer mentor visits
- Pool therapy, pet therapy and music therapies



New private, family-centered rooms

Remodeled and expanded in 2014, nearly all of our rooms are private to enhance comfort and healing. Our **independent living room** can be used for practice and assessment before returning home. Family members are welcome to stay overnight and participate in therapy sessions and teaching.



Returning home and continued therapies

Together with the patient and family, we make a coordinated, effective discharge plan starting from the time of admission.

THIS COULD INCLUDE:

- Patient and family care conferences
- Weekly team meetings open to you and your family
- Evaluation of home accessibility and recommendations
- Identification of equipment needs and resources
- Education and training

If a patient needs continued therapies, we offer comprehensive outpatient physical, occupational and speech therapies, rehabilitation psychology, and:

- Brain Injury Clinic
- Driving Ability program – driving evaluations and training services
- Physical Medicine and Rehabilitation follow-up
- Support groups
- ReWalk Clinic
- Seating and wheeled mobility evaluation

