

## Aural Rehabilitation Classes

MAKING THE MOST OF YOUR HEARING



Do you struggle with your hearing? Are you doing everything you can to help your hearing and communication? These classes are designed to improve your listening skills and contain helpful information for both those who wear hearing aids and those who do not. Classes will be held at HealthPartners Como Clinic on Thursday afternoons from 2 p.m. to 3:30 p.m., starting Sept. 13, 2018.

### Topics covered will include:

- Basics on how the ear functions
- Expectations of hearing aids and technology
- Review of care and use of hearing aids
- Communication strategies, including information on basic lip-reading
- Emotional health issues related to hearing loss
- Assistive technologies for television and telephone
- Wireless microphone demonstration
- Information on community resources

### Expert care for your hearing

HealthPartners Audiology offers coordinated solutions for your hearing needs. Our staff of audiologists work with various specialties including Primary Care, Otolaryngology (ENT), Speech-Language Pathology/Aural Rehabilitation, Behavioral Health and others to meet your needs.

### How to sign up:

HealthPartners patients can attend classes at no charge. Advance registration is required. Please call 651-641-6290 to reserve your spot. You may sign up for individual sessions or all sessions. Content information for individual sessions is available on request.

### HealthPartners Audiology locations:

HealthPartners Como Clinic  
2500 Como Ave.  
Saint Paul, MN 55108

HealthPartners West Clinic  
5100 Gamble Drive, Suite 100  
St. Louis Park, MN 55416

HealthPartners Specialty Center  
401 Phalen Blvd.  
Saint Paul, MN 55130

To schedule an appointment with an audiologist, call 952-967-7977. Please see reverse side for class schedule.



For more information

651-641-6290 | [healthpartners.com/audiology](http://healthpartners.com/audiology)

HealthPartners Clinic – Como  
2500 Como Ave., St. Paul

## Fall 2018

### Como

#### Aural Rehabilitation Class schedule

All classes will be held at  
HealthPartners Como Clinic  
2500 Como Ave.  
St. Paul, MN

\*\*Dates and times are subject to change \*\*

#### Thursday, September 13

##### 2 to 3:30 p.m.

- Introduction
- Basics of hearing
- Basics of hearing aid technologies

Presented by David Geddes, AuD and Janene Widen, AuD

#### Thursday, September 20

##### 2 to 3:30 p.m.

- Care and use of hearing aids

Presented by Rebecca Horvath, AuD  
and Janene Widen, AuD

#### Thursday, September 27

##### 2 to 3:30 p.m.

- Psychosocial and emotional impact of hearing loss

Presented by Kristen Swan, LP, MA

#### Thursday, October 4

##### 2 to 3:30 p.m.

- Aural rehabilitation listening strategies to improve communication (Part 1 of 2)

Presented by Melanie Gregan, PhD, AuD

#### Thursday, October 11

##### 2 to 3:30 p.m.

- Aural rehabilitation listening strategies to improve communication (Part 2 of 2)

Presented by Sara Oberg, BM, MA, CCC-SLP  
Speech-Language Pathologist  
Clinical Voice & Aural Rehabilitation Specialist

#### Thursday, October 18

##### 2 to 3:30 p.m.

- Assistive listening devices and community resources

Presented by David Geddes, AuD, Rebecca Horvath, AuD,  
and Janene Widen, AuD

