Do you struggle with your hearing? Are you doing everything you can to help your hearing and communication? These classes are designed to improve your listening skills and contain helpful information for both those who wear hearing aids and those who do not. Classes will be held at HealthPartners Specialty Center on Tuesday afternoons from 2:30 to 4 p.m., starting March 26, 2019.

Topics covered will include:
- Basics on how the ear functions
- Expectations of hearing aids and technology
- Review of care and use of hearing aids
- Communication strategies, including information on basic lip-reading
- Emotional health issues related to hearing loss
- Assistive technologies for television and telephone
- Wireless microphone demonstration
- Information on community resources

Expert care for your hearing
HealthPartners Audiology offers coordinated solutions for your hearing needs. Our staff of audiologists work with various specialties including Primary Care, Otolaryngology (ENT), Speech-Language Pathology/Aural Rehabilitation, Behavioral Health and others to meet your needs.

How to sign up:
HealthPartners patients can attend classes at no charge. Advance registration is required. Please call 651-641-6290 to reserve your spot. You may sign up for individual sessions or all sessions. Content information for individual sessions is available on request.

HealthPartners Audiology locations:
HealthPartners Como Clinic
2500 Como Ave.
Saint Paul, MN 55108

HealthPartners West Clinic
5100 Gamble Drive, Suite 100
St. Louis Park, MN 55416

HealthPartners Specialty Center
401 Phalen Blvd.
Saint Paul, MN 55130

To schedule an appointment with an audiologist, call 952-967-7977. Please see reverse side for class schedule.
Spring 2019

Aural Rehabilitation Class schedule
All classes will be held at
HealthPartners Specialty Center
401 Phalen Blvd.
St. Paul, MN
**Dates and times are subject to change**

Tuesday, March 26
2:30 to 4 p.m.
• Introduction
• Basics of hearing
• Basics of hearing aid technologies
Presented by David Geddes, AuD and Janene Widen, AuD

Tuesday, April 2
2:30 to 4 p.m.
• Care and use of hearing aids
Presented by Rebecca Horvath, AuD
and Janene Widen, AuD

Tuesday, April 9
2:30 to 4 p.m.
• Psychosocial and emotional impact of hearing loss
Presented by Kristen Swan, LP, MA

Tuesday, April 16
2:30 to 4 p.m.
• Aural rehabilitation listening strategies to improve communication (Part 1 of 2)
Presented by Melanie Gregan, PhD, AuD

Tuesday, April 23
2:30 to 4 p.m.
• Aural rehabilitation listening strategies to improve communication (Part 2 of 2)
Presented by Sara Oberg, BM, MA, CCC-SLP
Speech-Language Pathologist
Clinical Voice & Aural Rehabilitation Specialist

Tuesday, April 30
2:30 to 4 p.m.
• Assistive listening devices and community resources
Presented by David Geddes, AuD, Rebecca Horvath, AuD, and Janene Widen, AuD