



2021 MSHO Supplemental Benefits

HealthPartners Minnesota Senior Health Options (MSHO)(HMO SNP) members have access to extra services, support and health items.

Questions about these benefits?
Call Member Services at
952-967-7029 or
888-820-4285 (TTY: **711**).

From Oct. 1 through March 31,
we take calls from 8 a.m. to 8
p.m. CT, seven days a week.
From April 1 through Sept. 30,
call us 8 a.m. to 8 p.m. CT,
Monday through Friday.

Care and support

- A tablet with education and wellness tools for members with diabetes, heart disease, cognitive impairment or depression*
- RideCare transportation to/from Silver&Fit health club, health and weight management classes, Alcoholics Anonymous or Narcotics Anonymous meetings
- A light therapy lamp
- Foot care visits
- Independent Living Skills*
- Home delivered meals
- Unlimited visits to Virtuwel, a 24/7 online medical clinic
- An animatronic cat that gives companionship and joy; lowers anxiety and loneliness*

Turn over for more of your available benefits!

Safety and prevention

- Motion sensor night light (2)
- Pedaler
- Readmission prevention
- In-home bathroom safety devices and installation
- Personal Emergency Response System (PERS)

Dental and vision

- Adult fluoride
- Periodic exams
- Scaling and root planing
- Periodontal maintenance
- Additional coverage for root canals on molars
- Crowns coverage
- An electric toothbrush
- Eyeglasses tints and coatings

Healthy living

- Weight management program
- Silver&Fit health club membership and at-home fitness kits
- Healthy aging and cooking classes
- Wearable activity tracker
- Pocket hearing amplifier

For members with a Dementia diagnosis, such as Alzheimer's or other cognitive impairment

- Caregiver support including coaching and counseling through family caregiver services, short-term respite care, psychotherapy and transportation to these services*
- Adult Day Services provide supervised care for members*

**Available to members with specific diagnoses who meet eligibility criteria. Call Member Services for more information.*



or

No English?

952-967-7029 or 888-820-4285 TTY:711



Discrimination is against the law. HealthPartners does not discriminate because of race, color, national origin, creed, religion, sexual orientation, public assistance status, marital status, age, disability or sex.

HealthPartners is a health plan that contracts with both Medicare and the Minnesota Medical Assistance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in HealthPartners depends on contract renewal. The Silver&Fit® program is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated (ASH Fitness). Silver&Fit is a federally registered trademarks of ASH.

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