



## Move more, pay less

Achieve your fitness goals without breaking the bank. Get on-demand fitness classes or discounts on gym memberships, just by being a HealthPartners member.

### Free online fitness classes

#### Wellbeats

Offers fitness classes anytime, anywhere on-demand. This activity will be available to you through your health and well-being experience.

### Discounts on gym memberships

#### GlobalFit's Gym Network 360

Provides discounts on memberships at more than 9,000 fitness centers, weight loss programs and wellness brands.

### Frequent Fitness

Frequent Fitness will continue to be available through 2021, but will be discontinued beginning January 1, 2022.

#### The Active&Fit Direct™ program

Offers more than 9,000 fitness centers nationwide for a flat monthly fee.

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## We're here for you

Manage your health and your plan at [healthpartners.com](https://healthpartners.com) or the myHP app.

Don't have an account yet? It's quick and easy to sign up – you'll just need your member ID card.

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**TIP:** After you sign in to your HealthPartners online account, get started by selecting the *Living Well* tab. If you need help, give us a call at **800-311-1052**.

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