

# **HealthPartners Gold MN Small Employer Plan Benefits Chart**

**NOTICE: THIS DISCLOSURE IS REQUIRED BY MINNESOTA LAW. THIS CONTRACT IS EXPECTED TO RETURN ON AVERAGE 88.3 PERCENT OF YOUR PAYMENT DOLLAR FOR HEALTH CARE. THE LOWEST PERCENTAGE PERMITTED BY STATE LAW FOR THIS CONTRACT IS 82 PERCENT.**

**Effective Date:** The later of the effective date, or most recent anniversary date, of the Master Group Contract and your effective date of coverage under the Master Group Contract.

HealthPartners agrees to cover the services described below. This Benefits Chart describes the level of payment that applies for each of the covered services. To be covered under this section, the medical or dental services or items described below must be medically or dentally necessary.

Coverage for eligible services is subject to the exclusions, limitations, and other conditions of this Benefits Chart and Group Membership Contract.

Covered services and supplies are based on established medical policies, which are subject to periodic review and modification by the medical or dental directors. Covered prescription drugs are based on requirements established by the HealthPartners Pharmacy and Therapeutics Committee, and are subject to periodic review and modification. These medical policies (medical coverage criteria) and formulary requirements are available by calling Member Services or logging on to your “myHealthPartners” account at [healthpartners.com](http://healthpartners.com).

Network Benefits are underwritten by HealthPartners, Inc. Non-Network Benefits are underwritten by HealthPartners Insurance Company.

You have direct access to any Network providers listed in your provider directory.

Coverage may vary depending on whether you select a Network provider or a Non-Network provider.

In addition, network providers are divided into two benefit levels. Your copayment or coinsurance under Network Benefits may vary, depending on what benefit level applies to your network provider. Benefits which vary by level are shown below. The benefit level is applied separately to each network provider that you see. See your provider directory to see what benefit level applies to your network provider.

The amount that we pay for covered services is listed below. The member is responsible for the specified dollar amount and/or percentage of charges that we do not pay.

When you use Non-Network providers, benefits are substantially reduced and you will likely incur significantly higher out-of-pocket expenses. A Non-Network provider does not usually have an agreement with HealthPartners to provide services at a discounted fee. In addition, most Non-Network Benefits are restricted to the usual and customary amount as described under the definition of "Charge". The usual and customary amount can be significantly lower than a Non-Network provider's billed charges. If the Non-Network provider's billed charges are over the usual and customary amount, you pay the difference, in addition to any required deductible, copayment and/or coinsurance, and these charges do not apply to the out-of-pocket limit. The only exceptions to this requirement are described below in the “Emergency and Urgently Needed Care Services” section. This section describes what benefits are covered at the Network Benefit level regardless of who provides the service.

The No Surprises Act prohibits “Surprise” Billing, (also known as “balance” billing), in most circumstances. For questions about coverage under your plan, contact Member Services at the number on the back of your ID card.

**These definitions apply to this Benefits Chart. They also apply to the Contract.**

- Biosimilar Drugs:** A prescription drug, approved by the Food and Drug Administration (FDA), that the FDA has determined is biosimilar to and interchangeable with a biological brand name drug. Biosimilar drugs are not considered generic drugs and are not covered under the generic drug benefit.
- Brand Name Drug:** A prescription drug, approved by the Food and Drug Administration (FDA), that is manufactured, sold, or licensed for sale under a trademark by the pharmaceutical company that originally researched and developed the drug. Brand name drugs have the same active-ingredient formula as the generic version of the drug. However, generic drugs are manufactured and sold by other drug manufacturers and are generally not available until after the patent on the brand name drug has expired. A few brand name drugs may be covered at the generic drug benefit level if this is indicated on the formulary.
- Calendar Year:** This is the 12-month period beginning 12:01 A.M. Central Time, on January 1, and ending 12:00 A.M. Central Time of the next following December 31.
- Charge:** For covered services delivered by participating network providers, this is the provider's discounted charge for a given medical/surgical service, procedure or item.
- For covered services delivered by non-network providers, a contracted rate may apply if such arrangement is available to HealthPartners.
- For the Usual and Customary charge for covered services delivered by non-network providers, our payment is calculated using one of the following options to be determined at HealthPartners' discretion: 1) a percentage of the Medicare fee schedule; 2) a comparable schedule if the services is not on the Medicare fee schedule; 3) a commercially reasonable rate for such service.
- The Usual and Customary Charge is the maximum amount allowed that we consider in the calculation of the payment of charges incurred for certain covered services. You must pay for any charges above the usual and customary charge, and they do not apply to the out-of-pocket limit.
- A charge is incurred for covered ambulatory medical and surgical services, on the date the service or item is provided. A charge is incurred for covered inpatient services, on the date of admission to a hospital. To be covered, a charge must be incurred on or after the member's effective date and on or before the termination date.
- Copayment/Coinsurance:** The specified dollar amount, or percentage, of charges incurred for covered services, which we do not pay, but which a member must pay, each time a member receives certain medical services, procedures or items. Our payment for those covered services or items begins after the copayment or coinsurance is satisfied. Covered services or items requiring a copayment or coinsurance are specified in this Benefits Chart.
- For services provided by a network provider:
- An amount which is listed as a flat dollar copayment is applied to a network provider's discounted charges for a given service. However, if the network provider's discounted charge for a service or item is less than the flat dollar copayment, you will pay the network provider's discounted charge. An amount which is listed as a percentage of charges or coinsurance is based on the network provider's discounted charges, calculated at the time the claim is processed, which may include an agreed upon fee schedule rate for case rate or withhold arrangements.
- For services provided by a non-network provider:
- Any copayment or coinsurance is applied to the lesser of the provider's charges or the usual and customary charge for a service.
- A copayment or coinsurance is due at the time a service is provided, or when billed by the provider. The copayment or coinsurance applicable for a scheduled visit with a network provider will be collected for each visit, late cancellation and failed appointment. Services may not be withheld for failure to pay a deductible or coinsurance at or prior to the time of service.

**Deductible:** The specified dollar amount of charges incurred for covered services, which we do not pay, but a member or a family has to pay first in a calendar year. Our payment for those services or items begins after the deductible is satisfied. For network providers, the amount of the charges that apply to the deductible are based on the network provider's discounted charges, calculated at the time the claim is processed, which may include an agreed upon fee schedule rate for case rate or withhold arrangements. For non-network providers, the amount of charges that apply to the deductible are the lesser of the provider's charges or the usual and customary charge for a service.

Any amounts paid or reimbursed by a third party, including but not limited to: point of service rebates, manufacturer coupons, manufacturer debit cards or other forms of direct reimbursement to a member for a product or service, will not apply toward your deductible, to the extent permitted under state and federal law.

Your plan has an embedded deductible. This means once a member meets the individual deductible, the plan begins paying benefits for that person. If two or more members of the family meet the family deductible, the plan begins paying benefits for all members of the family, regardless of whether each member has met the individual deductible. However, a member may not contribute more than the individual deductible toward the family deductible.

All services are subject to the deductible unless otherwise indicated below in this Benefits Chart.

**Formulary:** This is a current list, which may be revised from time to time, of formulary prescription drugs, medications, equipment and supplies covered by us as indicated in the Benefits Chart which are covered at the highest benefit level. Some drugs may require prior authorization to be covered as formulary drugs. You may be granted an exception to the formulary that is available to you upon request. These guidelines and procedures include exceptions to the formulary for anti-psychotic prescription drugs prescribed to treat emotional disturbances or mental illness if your health care provider (1) indicates to the dispensing pharmacist, orally or in writing, that the prescription must be dispensed as indicated and (2) certifies in writing to us that the prescribed drug will best treat your condition. Also, you may continue to receive certain non-formulary prescription drugs for diagnosed mental illness or emotional disturbance when our formulary changes or you change health plans for up to one year following the change. We also have written guidelines and procedures for granting formulary exceptions for other drugs that are available to you upon request or on our website.

**HMO Formulary Exception Process (including antipsychotic drugs).** If you are prescribed a drug, we must promptly grant you an exception to our formulary when your health care provider indicates to us that:

- (1) the formulary drug causes an adverse reaction to the patient;
- (2) the formulary drug is contraindicated for the patient; or
- (3) the health care provider demonstrates that the prescription drug must be dispensed as written to provide maximum medical benefit to the patient.

The formulary, and information on drugs that require authorization, are available by calling Member Services or logging on to your "myHealthPartners" account at [healthpartners.com](http://healthpartners.com).

**Formulary Changes.** The formulary may change throughout the year. If you are affected by a formulary change, you will receive at least 30 days' advanced notice of that change, and you may request a formulary exception.

**Generic Drug:** A prescription drug, approved by the Food and Drug Administration (FDA) that the FDA has determined is comparable to a brand name drug product in dosage form, strength, route of administration, quality, intended use and documented bioequivalence. Generally, generic drugs cost less than brand name drugs. Some brand name drugs may be covered at the generic drug benefit level if this is indicated on the formulary.

**Non-Formulary Drug:** This is a prescription drug approved by the Food and Drug Administration (FDA) that is not on the formulary, is medically necessary and is not investigative or otherwise excluded under this Benefits Chart.

**Out-of-Pocket Expenses:** You pay the specified copayments/coinsurance and deductibles applicable for particular services, subject to the out-of-pocket limit described below. These amounts are in addition to the monthly enrollment payments.

**Out-of-Pocket Limit:** You pay the copayments/coinsurance and deductibles for covered services, to the individual or family out-of-pocket limit. Thereafter we cover 100% of the charges incurred for all other covered services, for the rest of the calendar year. You pay amounts greater than the out-of-pocket limit if you exceed any visit or day limits.

Non-Network Benefits above the usual and customary charge (see definition of charge above) do not apply to the out-of-pocket limit.

Non-Network benefits for transplant surgery do not apply to the out-of-pocket limit.

Any amounts paid or reimbursed by a third party, including but not limited to: point of service rebates, manufacturer coupons, manufacturer debit cards or other forms of direct reimbursement to a member for a product or service, will not apply as an out of pocket expense, to the extent permitted under state and federal law.

You are responsible to keep track of the out-of-pocket expenses. Contact our Member Services department for assistance in determining the amount paid by the enrollee for specific eligible services received. Claims for reimbursement under the out-of-pocket limit provisions are subject to the same time limits and provisions described under the "Claims Provisions" section of the Contract.

**Specialty Drug List:** This is a current list, which may be revised from time to time, of prescription drugs, medications, equipment and supplies, which are typically bio-pharmaceuticals. The purpose of a specialty drug list is to facilitate enhanced monitoring of complex therapies used to treat specific conditions. Specialty drugs are covered by us as indicated in this Benefits Chart. The specialty drug list is available by calling Member Services or logging on to your "myHealthPartners" account at [healthpartners.com](http://healthpartners.com)

## DEDUCTIBLES AND OUT-OF-POCKET LIMITS

### Individual Calendar Year Deductible

#### Select Tier

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
\$100	\$10,000

#### Standard Tier

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
\$1,000	\$10,000

### Family Calendar Year Deductible

#### Select Tier

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
\$300	\$20,000

#### Standard Tier

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
\$3,000	\$20,000

The deductibles under the Select Tier Network Benefits and Standard Tier Network Benefits are combined. Separate deductibles must be satisfied under the Network Benefits and Non-Network Benefits.

Your plan has an embedded deductible. This means once a member meets the individual deductible, the plan begins paying benefits for that person. If two or more members of the family meet the family deductible, the plan begins paying benefits for all members of the family, regardless of whether each member has met the individual deductible. However, a member may not contribute more than the individual deductible toward the family deductible.

Any amounts paid or reimbursed by a third party, including but not limited to: point of service rebates, manufacturer coupons, debit cards or other forms of direct reimbursement to a member for a product or service, will not apply toward your deductible, to the extent permitted under state and federal law.

### Individual Calendar Year Out-of-Pocket Limit

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
\$6,500	\$30,000

### Family Calendar Year Out-of-Pocket Limit

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
\$13,000	\$60,000

Separate Out-of-Pocket Limits must be satisfied under the Network Benefits and Non-Network Benefits.

Non-Network Benefits above the usual and customary charge will not apply toward the individual or family out-of-pocket limit.

Non-Network benefits for transplant surgery do not apply to the out-of-pocket limit.

Any amounts paid or reimbursed by a third party, including but not limited to: point of service rebates, manufacturer coupons, manufacturer debit cards or other forms of direct reimbursement to a member for a product or service, will not apply as an out of pocket expense, to the extent permitted under state and federal law.

## BENEFITS CHART

---

### AMBULANCE AND MEDICAL TRANSPORTATION

#### Covered Services:

We cover ambulance and medical transportation for medical emergencies.

We also cover medically necessary, non-emergency medical transportation if it meets our medical coverage criteria.

Covered services and supplies are based on established medical policies, which are subject to periodic review and modification by the medical or dental directors. These medical policies (medical coverage criteria) and applicable prior authorization requirements are available by calling Member Services or logging on to your “myHealthPartners” account at [healthpartners.com](http://healthpartners.com).

*Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	See Network Benefits.

#### Not Covered:

- See “Services Not Covered” in the Group Membership Contract.

### BEHAVIORAL HEALTH SERVICES

#### Covered Services:

Covered services are based on established medical policies, which are subject to periodic review and modification by the medical directors. These medical policies (medical coverage criteria) are available by calling Member Services or logging on to your “myHealthPartners” account at [healthpartners.com](http://healthpartners.com).

You have rights to parity in mental health and substance use disorder treatment as required by the federal Mental Health Parity and Addiction Equity Act and Minnesota Statutes, section 62Q.47. These laws require:

- That mental health and substance use disorder services be covered on the same basis as medical services;
- That cost-sharing for mental health and substance use disorder services can be no more restrictive than cost-sharing for similar medical services;
- That treatment restrictions and limitation such as prior authorization and medical necessity can be no more restrictive than for similar medical services;
- That if enrollees have concerns they can call Member Services, file a complaint with HealthPartners, or file a complaint with the Minnesota Department of Health.

#### Mental health services

We cover services for: mental health diagnoses as described in the Diagnostic and Statistical Manual of Mental Disorders – Fifth Edition (DSM-5) (most recent edition).

We also provide coverage for mental health treatment ordered by a Minnesota court under a valid court order that is issued on the basis of a behavioral care evaluation performed by a licensed psychiatrist or doctoral level licensed psychologist, which includes a diagnosis and an individual treatment plan for care in the most appropriate, least restrictive environment. We must be given a copy of the court order and the behavioral care evaluation, the service must be a covered benefit under this plan, and the service must be provided by a network provider, or other provider as required by law. We cover the evaluation upon which the court order was based if it was provided by a network provider. We also provide coverage for the initial mental health evaluation of a child, regardless of whether that evaluation leads to a court order for treatment, if the evaluation is ordered by a Minnesota juvenile court.

**Outpatient services, including intensive outpatient and day treatment:** We cover medically necessary outpatient professional mental health services for evaluation, crisis intervention, and treatment of mental health disorders.

A comprehensive diagnostic assessment will be used as the basis for a determination by a mental health professional, concerning the appropriate treatment and the extent of services required.

**BENEFITS CHART**

Outpatient services we cover for a diagnosed mental health condition include the following:

- Individual, group, family, and multi-family therapy;
- Medication management provided by a physician, certified nurse practitioner, or physician’s assistant;
- Psychological testing services for the purposes of determining the differential diagnoses and treatment planning for patients currently receiving behavioral health services;
- Day treatment and intensive outpatient services in a licensed program;
- Partial hospitalization services in a licensed hospital or community mental health center;
- Psychotherapy and nursing services provided in the home if authorized by us; and
- Treatment for gender dysphoria.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$10 per visit. Deductible does not apply.  For family therapy, only one member copayment will be charged, regardless of the number of members primarily involved in the therapy.	50% of the charges incurred.

**Group therapy**

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$5 per visit. Deductible does not apply.	50% of the charges incurred.

**Inpatient services, including mental health residential treatment services:** We cover the following:

- Medically necessary inpatient services in a hospital and professional services for treatment of mental health disorders. Medical stabilization is covered under inpatient hospital services in the “Hospital and Skilled Nursing Facility Services” section; and
- Medically necessary mental health residential treatment services. This care must be authorized by us and provided by a hospital or residential behavioral health treatment facility licensed by the local state or Department of Health and Human Services. Services not covered under this benefit include halfway houses, group homes, extended care facilities, shelter services, correctional services, detention services, transitional services, group residential services, foster care services and wilderness programs.

*Select Tier - Subject to the Select Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

*Standard Tier - Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

**Substance use disorder (SUD) services**

We cover medically necessary services for assessments by a licensed alcohol and drug counselor and treatment of substance-use disorders as defined in the latest edition of the DSM-5.

**Outpatient services, including intensive outpatient and day treatment:** We cover medically necessary outpatient professional services for the diagnosis and treatment of substance use disorders. Substance use disorder treatment programs must be licensed by the applicable state agency.

**BENEFITS CHART**

Outpatient services we cover for a diagnosed substance use disorder include the following:

- Individual, group, family, and multi-family therapy provided in an office setting;
- Opiate replacement therapy including methadone and buprenorphine treatment; and
- Day treatment and intensive outpatient services in a licensed program.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$10 per visit. Deductible does not apply.  For family therapy, only one member copayment will be charged, regardless of the number of members primarily involved in the therapy.	50% of the charges incurred.

**Inpatient services:** We cover the following:

- Medically necessary inpatient services in a hospital or primary residential treatment in a licensed substance use disorder treatment center. Primary residential treatment is an intensive residential treatment program of limited duration, typically 30 days or less.
- Services provided in a hospital that is licensed by the local state and accredited by Medicare.
- Detoxification services in a hospital or community detoxification facility if it is licensed by the local Department of Health and Human Services.

*Select Tier - Subject to the Select Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

*Standard Tier - Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

**Not Covered:**

- See “Services Not Covered” in the Group Membership Contract.

**CHIROPRACTIC SERVICES**

**Covered Services:**

We cover chiropractic services for rehabilitative care, provided to diagnose and treat acute neuromusculo-skeletal conditions.

Massage therapy which is performed in conjunction with other treatment/modalities by a chiropractor, is part of a prescribed treatment plan and is not billed separately is covered.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$50 per visit. Deductible does not apply.	50% of the charges incurred.  Limit of 20 visits per calendar year.

**Not Covered:**

- Massage therapy for the purpose of comfort or convenience of the member.
- See “Services Not Covered” in the Group Membership Contract.

## BENEFITS CHART

---

### CLINICAL TRIALS

#### Covered Services:

We cover certain routine services if you participate in a Phase I, Phase II, Phase III or Phase IV clinical trial that is conducted in relation to the prevention, detection, or treatment of cancer or other life-threatening disease or condition as defined in the Affordable Care Act. We cover routine patient costs for services that would be eligible under this Benefits Chart if the service was provided outside of a clinical trial.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
Coverage level is same as corresponding Network Benefit, depending on type of service provided such as Office Visits for Illness or Injury, Inpatient or Outpatient Hospital Services.	Coverage level is same as corresponding Non-Network Benefit, depending on type of service provided such as Office Visits for Illness or Injury, Inpatient or Outpatient Hospital Services.

#### Not Covered:

- The investigative item, device or service itself.
- Items or services that are provided solely to satisfy data collection and analysis needs and that are not used in the direct clinical management of the patient.
- A service that is clearly inconsistent with widely accepted and established standards of care for a particular diagnosis.
- See “Services Not Covered” in the Group Membership Contract.

### DENTAL SERVICES

#### Covered Services:

We cover services as described below.

**Accidental dental services:** We cover dentally necessary services to treat and restore damage done to sound, natural, unrestored teeth as a result of an accidental injury. Coverage is for damage caused by external trauma to face and mouth only, not for cracked or broken teeth which result from biting or chewing. We cover restorations, root canals, crowns and replacement of teeth lost that are directly related to the accident in which the member was involved. We cover initial exams, x-rays, and palliative treatment including extractions, and other oral surgical procedures directly related to the accident. Subsequent treatment must be initiated within the specified time-frame and must be directly related to the accident. We do not cover restoration and replacement of teeth that are not “sound and natural” at the time of the accident.

Full mouth rehabilitation to correct occlusion (bite) and malocclusion (misaligned teeth not due to the accident) are not covered.

When an implant-supported dental prosthetic treatment is pursued, the accidental dental benefit will be applied to the prosthetic procedure. Benefits are limited to the amount that would be paid toward the placement of a removable dental prosthetic appliance that could be used in the absence of implant treatment. Care must be provided or pre-authorized by a HealthPartners dentist.

*Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

For all accidental dental services, treatment and/or restoration must be initiated within six months of the date of the injury. Coverage is limited to the initial course of treatment and/or initial restoration. Services must be provided within twenty-four months of the date of injury to be covered.

## BENEFITS CHART

### Medical referral dental services

**Medically necessary outpatient dental services:** We cover medically necessary outpatient dental services. Coverage is limited to dental services required for treatment of an underlying medical condition, e.g., removal of teeth to complete radiation treatment for cancer of the jaw, cysts and lesions.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$50 per visit. Deductible does not apply.	50% of the charges incurred.

**Medically necessary hospitalization and anesthesia for dental care:** We cover medically necessary hospitalization for dental care. This is limited to charges incurred by a member who: (1) is a child under age 5; (2) is severely disabled; (3) has a medical condition and requires hospitalization or general anesthesia for dental care treatment; or (4) is a child between age 5 and 12 and care in dental offices has been attempted unsuccessfully and usual methods of behavior modification have not been successful, or when extensive amounts of restorative care, exceeding four appointments, are required. Coverage is limited to facility and anesthesia charges. Oral surgeon/dentist professional fees are not covered.

*Select Tier - Subject to the Select Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

*Standard Tier - Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

**Medical complications of dental care:** We cover medical complications of dental care. Treatment must be medically necessary care and related to medical complications of non-covered dental care, including complications of the head, neck, or substructures.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$50 per visit. Deductible does not apply.	50% of the charges incurred.

**Oral surgery:** We cover oral surgery. Coverage is limited to treatment of medical conditions requiring oral surgery, such as treatment of oral neoplasm, non-dental cysts, fracture of the jaws, trauma of the mouth and jaws.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$50 per visit. Deductible does not apply.	50% of the charges incurred.

**Treatment of cleft lip and cleft palate:** We cover treatment of cleft lip and cleft palate of a dependent child to age 26, including orthodontic treatment and oral surgery directly related to the cleft. Benefits are limited to inpatient or outpatient expenses arising from medical and dental treatment that was scheduled or initiated prior to the dependent turning age 19. Dental services that are not required for the treatment of cleft lip or cleft palate are not covered. If a dependent child covered under this Contract is also covered under a dental plan which includes orthodontic services, that dental plan shall be considered primary for the necessary orthodontic services. Oral appliances are subject to the same copayment, conditions and limitations as durable medical equipment.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$50 per visit. Deductible does not apply.	50% of the charges incurred.

**BENEFITS CHART**

**Treatment of temporomandibular disorder (TMD) and craniomandibular disorder (CMD):** We cover surgical and non-surgical treatment of temporomandibular disorder (TMD) and craniomandibular disorder (CMD), which is medically necessary care. Dental services which are not required to directly treat TMD or CMD are not covered.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$50 per visit. Deductible does not apply.	50% of the charges incurred.

**Not Covered:**

- Dental treatment, procedures or services not listed in this Benefits Chart.
- Accident related dental services if treatment is (1) provided to teeth which are not sound and natural, (2) to teeth which have been restored, (3) initiated beyond six months from the date of the injury, (4) received beyond the initial treatment or restoration or (5) received beyond twenty-four months from the date of injury.
- Oral surgery to remove wisdom teeth.
- Orthognathic treatment or procedures and all related services, unless it is required to treat TMD or CMD and it meets our medical coverage criteria.
- See “Services Not Covered” in the Group Membership Contract.

**DIABETES AND HYPERTENSION DISEASE MANAGEMENT PROGRAM**

**Covered Services:**

If you meet criteria for coverage, you may qualify for the Diabetes and/or Hypertension Disease Management Program.

The program covers group health coaching which focuses on weight loss, exercise, behavior modification and health education through Omada Health.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	Not applicable.

**Not Covered:**

- See “Services Not Covered” in the Group Membership Contract.

**DIABETIC EQUIPMENT AND SUPPLIES**

**Covered Services:**

We cover physician prescribed medically appropriate and necessary drugs and supplies used in the management and treatment of diabetes for members with gestational, Type I or Type II diabetes including durable diabetic equipment and disposable supplies, as described below.

Certain items are only covered if your condition meets our coverage criteria and obtained through an authorized vendor. For more information on what we cover and any prior authorization requirements, call Member Services or log on to your “myHealthPartners” account at healthpartners.com.

Insulin and medications for diabetes are covered as outpatient drugs under the “Prescription Drug Services” section.

**BENEFITS CHART**

**Pumps and Pump Supplies.** These include diabetic insulin pumps, diabetic infusion pumps and infusion pump supplies such as infusion sets, tubing, connectors and syringe reservoirs.

*Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
<p><b>Pumps received at a pharmacy:</b> 70% of the charges incurred. Deductible does not apply.</p> <p><b>Pumps received from a non-pharmacy approved vendor:</b> 70% of the charges incurred.</p>	<p>50% of the charges incurred.</p>

**All other durable equipment and diabetic supplies**

**Durable Diabetic Equipment and Supplies.** These include continuous glucose monitoring system (CGMS), transmitter, sensors and receivers, diabetic blood glucose monitors and control/calibrating solutions (for checking accuracy or testing equipment and test strips).

**Disposable Diabetic Supplies.** These are one-time use supplies, including syringes, lancets, lancet devices, blood and urine ketone test strips, and needles.

Certain diabetic supplies and equipment must be purchased at a pharmacy.

*Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
<p><b>If received through a pharmacy:</b> 70% of the charges incurred. Deductible does not apply.</p> <p><b>If received through a non-pharmacy provider:</b> 70% of the charges incurred if purchased from an approved vendor.</p>	<p>50% of the charges incurred.</p>

**Limitations:**

- No more than a 93-day supply of diabetic supplies is covered and dispensed at a time.
- We require that certain diabetic supplies and equipment be purchased at a pharmacy.
- Diabetic supplies and equipment are limited to certain models and brands.
- Durable medical equipment and supplies must be obtained from or repaired by approved vendors.
- Covered services and supplies are based on established medical policies which are subject to periodic review and modification by the medical directors. Our coverage policy for diabetic supplies includes information on our required models and brands. These medical policies (medical coverage criteria) are available by calling Member Services or logging on to your “myHealthPartners” account at healthpartners.com.

**Not Covered:**

- Replacement or repair of any covered items, if the items are (i) damaged or destroyed by misuse, abuse or carelessness, (ii) lost; or (iii) stolen.
- Duplicate or similar items.
- Labor and related charges for repair of any covered items which are more than the cost of replacement by an approved vendor.
- Batteries for monitors and equipment.
- Sales tax, mailing, delivery charges, service call charges.
- See “Services Not Covered” in the Group Membership Contract.

## BENEFITS CHART

---

### DIAGNOSTIC IMAGING SERVICES

#### Covered Services:

We cover diagnostic imaging, when ordered by a provider and provided in a clinic or outpatient hospital facility.

For Network Benefits, non-emergent, scheduled outpatient Magnetic Resonance Imaging (MRI) and Computed Tomography (CT) must be provided at a designated facility. Your physician or facility will obtain or verify prior authorization for these services with HealthPartners, as needed.

We cover services provided in a clinic or outpatient hospital facility (to see the benefit level for inpatient hospital or skilled nursing facility services, see benefits under Inpatient Hospital and Skilled Nursing Facility Services).

#### Outpatient magnetic resonance imaging (MRI) and computed tomography (CT)

*Select Tier - Subject to the Select Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

*Standard Tier - Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

#### All other outpatient diagnostic imaging services for illness or injury

##### Services for illness or injury

*Select Tier - Subject to the Select Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

*Standard Tier - Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

#### Preventive services (MRI/CT procedures are not considered preventive)

Diagnostic imaging services associated with preventive services are covered at the benefit level shown in the "Preventive Services" section of this Benefits Chart.
---

#### Not Covered:

- See "Services Not Covered" in the Group Membership Contract.

### DURABLE MEDICAL EQUIPMENT, PROSTHETICS, ORTHOTICS, AND SUPPLIES

#### Covered Services:

We cover equipment and services, as described below.

We cover durable medical equipment and services, prosthetics, orthotics and supplies, subject to the limitations below.

External hearing aids (including osseointegrated or bone anchored) for members age 18 or younger who have hearing loss that is not correctable by other covered procedures. Coverage is limited to one basic, standard hearing aid for each ear every three years. A basic hearing aid is defined as a hearing device that consists of a microphone, amplifier, volume control, battery and receiver. It does not include upgrades above and beyond the functionality of a basic hearing aid, including but not limited to hearing improvements for group settings, background noise, Bluetooth/remote control functionality, or extended warranties. Charges for upgrades above the cost of a basic, standard hearing aid are not covered.

## BENEFITS CHART

---

Diabetic equipment and supplies are covered under the “Diabetic Equipment and Supplies” section.

### Special dietary treatment for Phenylketonuria (PKU) if it meets our medical coverage criteria

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

### Oral amino acid based elemental formula if it meets our medical coverage criteria

*Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

### All other durable medical equipment, prosthetics, orthotics and supplies

*Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

### Limitations:

Coverage of durable medical equipment is limited by the following:

- Payment will not exceed the cost of an alternate piece of equipment or service that is effective and medically necessary.
- Wigs for hair loss resulting from alopecia areata are limited to one per calendar year.
- For prosthetic benefits, other than hair prostheses (i.e., wigs) for hair loss resulting from alopecia areata and oral appliances for cleft lip and cleft palate, payment will not exceed the cost of an alternate piece of equipment or service that is effective, medically necessary and enables members to conduct standard activities of daily living.
- We reserve the right to determine if an item will be approved for rental vs. purchase.
- Durable medical equipment and supplies must be obtained from or repaired by approved vendors.
- Covered services and supplies are based on established medical policies, which are subject to periodic review and modification by the medical or dental directors. Our coverage policy for diabetic supplies includes information on our required models and brands. These medical policies (medical coverage criteria) are available by calling Member Services or logging on to your “myHealthPartners” account at healthpartners.com.

### Not Covered:

Items that are not eligible for coverage include, but are not limited to:

- Replacement or repair of any covered items, if the items are (i) damaged or destroyed by misuse, abuse or carelessness, (ii) lost; or (iii) stolen.
- Duplicate or similar items.
- Labor and related charges for repair of any covered items which are more than the cost of replacement by an approved vendor.
- Sales tax, mailing, delivery charges, service call charges.
- Items that are primarily educational in nature or for hygiene, vocation, comfort, convenience or recreation.
- Communication aids or devices: equipment to create, replace or augment communication abilities including, but not limited to, speech processors, receivers, communication boards, or computer or electronic assisted communication.
- Hearing aids (implantable and external, including osseointegrated or bone anchored) and their fitting, except as specifically described in this Benefits Chart. This exclusion does not apply to cochlear implants.
- Eyeglasses, contact lenses and their fitting, measurement and adjustment, except as specifically described in this Benefits Chart.
- Hair prostheses (wigs), except as specifically described in this Benefits Chart.
- Household equipment which primarily has customary uses other than medical, such as, but not limited to, exercise cycles, air purifiers, central or unit air conditioners, water purifiers, non-allergenic pillows, mattresses or waterbeds.
- Household fixtures including, but not limited to, escalators or elevators, ramps, swimming pools and saunas.

**BENEFITS CHART**

- Modifications to the structure of the home including, but not limited to, wiring, plumbing or charges for installation of equipment.
- Vehicle, car or van modifications including, but not limited to, hand brakes, hydraulic lifts and car carrier.
- Rental equipment while owned equipment is being repaired by non-contracted vendors, beyond one month rental of medically necessary equipment.
- Other equipment and supplies, including but not limited to assistive devices, that we determine are not eligible for coverage.
- See “Services Not Covered” in the Group Membership Contract.

**EMERGENCY AND URGENTLY NEEDED CARE SERVICES**

**Covered Services:**

We cover services for emergency care and urgently needed care if the services are otherwise eligible for coverage under this Benefits Chart.

**Urgently needed care.** These are services to treat an unforeseen illness or injury, which are required in order to prevent a serious deterioration in your health, and which cannot be delayed until the next available clinic or office hours.

**Urgently needed care at clinics**

*Select Tier*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$10 per visit. Deductible does not apply.	See Network Benefits.

*Standard Tier*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$50 per visit. Deductible does not apply.	See Network Benefits.

The Non-Network Benefit is paid at the Urgently Needed Care Standard Tier Benefit.

**Emergency care.** These are services to treat: (1) the sudden, unexpected onset of illness or injury which, if left untreated or unattended until the next available clinic or office hours, would result in hospitalization, or (2) a condition requiring professional health services immediately necessary to preserve life or stabilize health. Emergency care includes emergency services as defined in Division BB, Title I, Section 102 of the Consolidated Appropriations Act of 2021. Emergency care also includes an immediate response service available on a 24-hour, seven-day-a-week basis for each child, or person, having a psychiatric crisis, a mental health crisis, or a mental health emergency.

When reviewing claims for coverage of emergency services, our medical director will take into consideration a reasonable layperson’s belief that the circumstances required immediate medical care that could not wait until the next working day or next available clinic appointment. Emergency care also includes an immediate response service available on a 24-hour, seven-day-a-week basis for each child, or person, having a psychiatric crisis, a mental health crisis, or a mental health emergency.

**Emergency care in a hospital emergency room, including professional services of a physician**

*Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	See Network Benefits.

## BENEFITS CHART

---

### Inpatient emergency care in a hospital

*Select Tier - Subject to the Select Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	See Network Benefits.

*Standard Tier - Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	See Network Benefits.

The Non-Network Benefit is paid at Inpatient Hospital Services Standard Tier.

#### Not Covered:

- See “Services Not Covered” in the Group Membership Contract.

## GENE THERAPY

### Covered Services:

We cover gene therapy treatment that meets our current medical coverage criteria.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
Coverage level is same as corresponding Network Benefit, depending on type of service provided, such as Office Visits for Illness or Injury, Inpatient or Outpatient Hospital Services.	No Coverage.

#### Limitations:

- Gene therapy must be provided by a designated provider.
- Specific types of gene therapy are limited to therapies and conditions specified in our medical coverage criteria.

#### Not Covered:

- See “Services Not Covered” in the Group Membership Contract.

## HEALTH EDUCATION

### Covered Services:

We cover education for preventive services and education for the management of chronic health problems (such as diabetes).

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

#### Not Covered:

- See “Services Not Covered” in the Group Membership Contract.

## BENEFITS CHART

### HOME-BASED COMPREHENSIVE HEALTH RISK ASSESSMENT

#### Covered Services:

If you meet our criteria for coverage, you may qualify for our home-based comprehensive health risk assessment program. The program covers a health assessment with a designated nurse practitioner.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	No Coverage.

#### Not Covered:

- See “Services Not Covered” in the Group Membership Contract.

### HOME HEALTH SERVICES

#### Covered Services:

We cover skilled nursing services, physical therapy, occupational therapy, speech therapy, respiratory therapy and other therapeutic services, non-routine prenatal and postnatal services, routine postnatal well child visits (as described in the Medical Coverage Criteria), phototherapy services for newborns, home health aide services and other eligible home health services when provided in your home, if you are homebound (i.e., unable to leave home without considerable effort due to a medical condition. Lack of transportation does not constitute homebound status). For phototherapy services for newborns and high risk pre-natal services, supplies and equipment are included.

We cover total parenteral nutrition/intravenous (“TPN/IV”) therapy, equipment, supplies and drugs in connection with IV therapy. IV line care kits are covered under Durable Medical Equipment.

You do not need to be homebound to receive total parenteral nutrition/intravenous (“TPN/IV”) therapy.

We cover palliative care benefits. Palliative care includes symptom management, education and establishing goals of care. We waive the requirement that you be homebound for a limited number of home visits for palliative care (as shown in the Benefits Chart), if you have a life-threatening, non-curable condition which has a prognosis of survival of two years or less. Additional palliative care visits are eligible under the home health services benefit if you are homebound and meet all other requirements defined in this section.

Home health services are eligible and covered only when:

- medically necessary; and
- provided as rehabilitative care, terminal care or maternity care; and
- ordered by a physician, and included in the written home care plan.

#### Physical therapy, occupational therapy, speech therapy, respiratory therapy, home health aide services and palliative care

##### Select Tier

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$10 per visit. Deductible does not apply.  If more than one home health visit occurs in a day, a separate copayment applies to each. For example, if an occupational therapist and a physical therapist visit a member in the same day, a separate copayment will be charged for each visit.	50% of the charges incurred.

## BENEFITS CHART

---

### Standard Tier

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$50 per visit. Deductible does not apply.  If more than one home health visit occurs in a day, a separate copayment applies to each. For example, if an occupational therapist and a physical therapist visit a member in the same day, a separate copayment will be charged for each visit.	50% of the charges incurred.

### TPN/IV therapy, skilled nursing services, non-routine prenatal/postnatal services, and phototherapy

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

Each 24-hour visit (or shifts of up to 24-hour visits) equals one visit and counts toward the Maximum visits for all other services shown below. Any visit that lasts less than 24 hours, regardless of the length of the visit, will count as one visit toward the Maximum visits for all other services shown below. All visits must be medically necessary and benefit eligible.

### Routine postnatal well child visits

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

### Maximum visits for palliative care

If you are eligible to receive palliative care in the home and you are not homebound, there is a maximum of 12 visits per calendar year.
--

### Maximum visits for all other services

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
120 visits per calendar year.	60 visits per calendar year.

Each visit provided under the Network Benefits and Non-Network Benefits counts toward the maximums shown under all Maximum visits sections. The routine postnatal well child visit does not count toward the visit limit.

### Limitations:

- Home health services are not provided as a substitute for a primary caregiver in the home or as relief (respite) for a primary caregiver in the home. We will not reimburse family members or residents in your home for the above services.
- A service shall not be considered a skilled nursing service merely because it is performed by, or under the direct supervision of, a licensed nurse. Where a service (such as tracheotomy suctioning or ventilator monitoring) or like services, can be safely and effectively performed by a non-medical person (or self-administered), without the direct supervision of a licensed nurse, the service shall not be regarded as a skilled nursing service, whether or not a skilled nurse actually provides the service. The unavailability of a competent person to provide a non-skilled service shall not make it a skilled service when a skilled nurse provides it. Only the skilled nursing component of so-called "blended" services (i.e. services which include skilled and non-skilled components) are covered under this Benefits Chart.

## BENEFITS CHART

---

### Not Covered:

- Financial or legal counseling services.
- Housekeeping or meal services in your home.
- Private duty nursing services. This exclusion does not apply if covered person is also covered under Medical Assistance under 256B.0625, subdivision 7, with the exception of section 256B.0654 subdivision 4.
- Services provided by a family member or enrollee, or a resident in the enrollee's home.
- Vocational rehabilitation and recreational or educational therapy. Recreation therapy is therapy provided solely for the purpose of recreation, including but not limited to: (a) requests for physical therapy or occupational therapy to improve athletic ability, and (b) braces or guards to prevent sports injuries.
- See "Services Not Covered" in the Group Membership Contract.

### HOME HOSPICE SERVICES

#### Applicable Definitions:

**Part-time.** This is up to two hours of service per day, more than two hours is considered continuous care.

**Continuous Care.** This is from two to twelve hours of service per day provided by a registered nurse, licensed practical nurse, or home health aide, during a period of crisis in order to maintain a terminally ill patient at home.

**Appropriate Facility.** This is a nursing home, hospice residence, or other inpatient facility.

**Custodial Care Related to Hospice Services.** This means providing assistance in the activities of daily living and the care needed by a terminally ill patient which can be provided by primary caregiver (i.e., family member or friend) who is responsible for the patient's home care.

#### Covered Services:

**Home Hospice Program.** We cover the services described below if you are terminally ill and accepted as a home hospice program participant. You must meet the eligibility requirements of the program, and elect to receive services through the home hospice program. The services will be provided in your home, with inpatient care available when medically necessary as described below. If you elect to receive hospice services, you do so in lieu of curative treatment for your terminal illness for the period you are enrolled in the home hospice program.

**Eligibility:** In order to be eligible to be enrolled in the home hospice program, you must: (1) be a terminally ill patient (prognosis of six months or less); (2) have chosen a palliative treatment focus (i.e., emphasizing comfort and supportive services rather than treatment attempting to cure the disease or condition); and (3) continue to meet the terminally ill prognosis as reviewed by our medical director or his or her designee over the course of care. You may withdraw from the home hospice program at any time.

**Eligible Services:** Hospice services include the following services provided in accordance with an approved hospice treatment plan.

- Home Health Services:
  - Part-time care provided in your home by an interdisciplinary hospice team (which may include a physician, nurse, social worker, and spiritual counselor) and medically necessary home health services are covered.
  - One or more periods of continuous care in your home or in a setting which provides day care for pain or symptom management, when medically necessary, will be covered.
- Inpatient Services: We cover medically necessary inpatient services.

## BENEFITS CHART

---

- Other Services:
  - Respite care is covered for care in your home or in an appropriate facility, to give your primary caregivers (i.e., family members or friends) rest and/or relief when necessary in order to maintain a terminally ill patient at home.
  - Medically necessary medications for pain and symptom management.
  - Semi-electric hospital beds and other durable medical equipment are covered.
  - Emergency and non-emergency care is covered.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

Respite care is limited to 5 days per episode, and respite care and continuous care combined are limited to 30 days.

### Not Covered:

- Financial or legal counseling services.
- Housekeeping or meal services in your home.
- Custodial or maintenance care related to hospice services, whether provided in the home or in a nursing home.
- Any service not specifically described as covered services under this home hospice services benefits.
- Any services provided by members of your family or residents in your home.
- See “Services Not Covered” in the Group Membership Contract.

## HOSPITAL AND SKILLED NURSING FACILITY SERVICES

### Covered Services:

We cover services as described below.

#### Medical or surgical hospital services

**Inpatient hospital services:** We cover the following medical or surgical services, for the treatment of acute illness or injury, which require the level of care only provided in an acute care facility. These services must be authorized by a physician.

Inpatient hospital services include: room and board; the use of operating or maternity delivery rooms; intensive care facilities; newborn nursery facilities; general nursing care, anesthesia, laboratory and diagnostic imaging services, radiation therapy, physical therapy, prescription drugs or other medications administered during treatment, blood and blood products (unless replaced), and blood derivatives, and other diagnostic or treatment related hospital services; physician and other professional medical and surgical services provided while in the hospital, including gender confirmation surgery that meets medical coverage criteria.

We cover up to 120 hours of services provided by a private duty nurse or personal care assistant who has provided home care services to a ventilator-dependent patient, solely for the purpose of assuring adequate training of the hospital staff to communicate with that patient.

Services for items for personal convenience, such as television rental, are not covered.

We cover, following a vaginal delivery, a minimum of 48 hours of inpatient care for the mother and newborn child. We cover, following a caesarean section delivery, a minimum of 96 hours of inpatient care for the mother and newborn child. If the duration of inpatient care is less than these minimums, we also cover a minimum of one home visit by a registered nurse for post-delivery care, within four days of discharge of the mother and newborn child. Services provided by the registered nurse include, but are not limited to, parent education, assistance and training in breast and bottle feeding, and conducting any necessary and appropriate clinical tests. We shall not provide any compensation or other non-medical remuneration to encourage a mother and newborn to leave inpatient care before the duration minimums specified.

## BENEFITS CHART

---

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother of newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a caesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

*Select Tier - Subject to the Select Tier Deductibles*

<b><u>Network Benefits</u></b>	<b><u>Non-Network Benefits</u></b>
70% of the charges incurred.	50% of the charges incurred.

*Standard Tier - Subject to the Standard Tier Deductibles*

<b><u>Network Benefits</u></b>	<b><u>Non-Network Benefits</u></b>
70% of the charges incurred.	50% of the charges incurred.

Each member's admission or confinement, including that of a newborn child, is separate and distinct from the admission or confinement of any other member.

**Outpatient hospital, ambulatory care or surgical facility services:** We cover the following medical and surgical services, for diagnosis or treatment of illness or injury on an outpatient basis. These services must be authorized by a physician.

Outpatient services include: use of operating rooms, maternity delivery rooms or other outpatient departments, rooms or facilities; and the following outpatient services: general nursing care, anesthesia, laboratory and diagnostic imaging services, radiation therapy, physical therapy, drugs administered during treatment, blood and blood products (unless replaced), and blood derivatives, and other diagnostic or treatment related outpatient services; physician and other professional medical and surgical services provided while an outpatient, including gender confirmation surgery that meets medical coverage criteria.

For Network Benefits, non-emergent, scheduled outpatient Magnetic Resonance Imaging (MRI) and Computed Tomography (CT) must be provided at a designated facility. Your physician and facility will obtain or verify authorization for these services with HealthPartners, as needed.

To see the benefit level for diagnostic imaging services, laboratory services and physical therapy, see benefits under Diagnostic Imaging Services, Laboratory Services and Physical Therapy in this Benefits Chart.

*Select Tier - Subject to the Select Tier Deductibles*

<b><u>Network Benefits</u></b>	<b><u>Non-Network Benefits</u></b>
70% of the charges incurred.	50% of the charges incurred.

*Standard Tier - Subject to the Standard Tier Deductibles*

<b><u>Network Benefits</u></b>	<b><u>Non-Network Benefits</u></b>
70% of the charges incurred.	50% of the charges incurred.

### **Skilled nursing facility care**

We cover room and board, daily skilled nursing and related ancillary services for post-acute treatment and rehabilitative care of illness or injury that meets medical coverage criteria.

*Subject to the Standard Tier Deductibles*

<b><u>Network Benefits</u></b>	<b><u>Non-Network Benefits</u></b>
70% of the charges incurred.	50% of the charges incurred.
Limited to 120 day maximum per calendar year.	Limited to 120 day maximum per calendar year.

Each day of services provided under the Network Benefits and Non-Network Benefits combined, counts toward the maximums shown above.

## BENEFITS CHART

---

### Not Covered:

- Services for items for personal convenience, such as television rental.
- See “Services Not Covered” in the Group Membership Contract.

### INFERTILITY DIAGNOSIS

#### Covered Services:

We cover the diagnosis of infertility. These services include diagnostic procedures and tests provided in connection with an infertility evaluation, office visits and consultations to diagnose infertility.

*Select Tier - Subject to the Select Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	See Network Benefits.

*Standard Tier - Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	See Network Benefits.

The Non-Network benefit is paid at Infertility Services Standard Tier.

Coverage is limited to office visits and consultations to diagnose infertility. Treatment is not covered.

### Not Covered:

- Infertility/fertility treatment, including but not limited to, office visits, laboratory services and diagnostic imaging services and fertility drugs; reversal of sterilization; and sperm, ova or embryo acquisition, retrieval or storage; however, we do cover office visits and consultations to diagnose infertility.
- Services related to the establishment of surrogate pregnancy and fees for a surrogate. However, pregnancy and maternity services are covered for a member under this Benefits Chart, including a surrogate pregnancy.
- See “Services Not Covered” in the Group Membership Contract.

### LABORATORY SERVICES

#### Covered Services:

We cover laboratory tests when ordered by a provider and provided in a clinic or outpatient hospital facility.

To see the benefit level for inpatient hospital or skilled nursing facility services, see benefits under Inpatient Hospital and Skilled Nursing Facility Services in this Benefits Chart.

**Prostate-specific antigen (PSA) testing.** We cover prostate cancer screening for men 40 years of age or over who are symptomatic or in a high-risk category and for all men 50 years of age or older.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

#### All other laboratory services

##### Services for illness or injury

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

**BENEFITS CHART**

---

**Preventive services**

Laboratory services associated with preventive services are covered at the benefit level shown in the "Preventive Services" section of this Benefits Chart.
---

**Not Covered:**

- See “Services Not Covered” in the Group Membership Contract.

**LYME DISEASE SERVICES**

**Covered Services:**

We cover services for the treatment of Lyme disease.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
Coverage level is same as corresponding Network Benefit, depending on type of service provided such as Office Visits for Illness or Injury, Inpatient or Outpatient Hospital Services.	Coverage level is same as corresponding Non-Network Benefit, depending on type of service provided, such as Office Visits for Illness or Injury, Inpatient or Outpatient Hospital Services.

**Not Covered:**

- See “Services Not Covered” in the Group Membership Contract.

**MASTECTOMY RECONSTRUCTION BENEFIT**

**Covered Services:**

We cover reconstruction of the breast on which the mastectomy has been performed; surgery and reconstruction of the other breast to produce symmetrical appearance, and prostheses and physical complications of all stages of mastectomy, including lymphedemas.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
Coverage level is same as corresponding Network Benefit, depending on type of service provided, such as Office Visits for Illness or Injury, Inpatient or Outpatient Hospital Services.	Coverage level is same as corresponding Non-Network Benefit, depending on type of service provided, such as Office Visits for Illness or Injury, Inpatient or Outpatient Hospital Services.

**Not Covered:**

- See “Services Not Covered” in the Group Membership Contract.

## BENEFITS CHART

---

### MEDICATION THERAPY DISEASE MANAGEMENT PROGRAM

#### Covered Services:

If you meet our criteria for coverage, you may qualify for our Medication Therapy Disease Management Program.

The program covers consultations with a designated pharmacist.

Covered services are based on established medical policies, which are subject to periodic review and modification by the medical directors. These medical policies (medical coverage criteria) are available online at [healthpartners.com](http://healthpartners.com) or by calling Member Services.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	No Coverage.

#### Not Covered:

- See “Services Not Covered” in the Group Membership Contract.

### OFFICE VISITS FOR ILLNESS OR INJURY

#### Covered Services:

We cover the following when medically necessary: professional medical and surgical services and related supplies, including biofeedback, of physicians and other health care providers; blood and blood products (unless replaced) and blood derivatives.

We cover diagnosis and treatment of illness or injury to the eyes. Where contact or eyeglass lenses are prescribed as medically necessary for the post-operative treatment of cataracts or for the treatment of aphakia, acute or chronic corneal pathology, or keratoconus, we cover the initial evaluation, lenses and fitting. Members must pay for lens replacement beyond the initial pair.

We also provide coverage for the initial physical evaluation of a child if it is ordered by a Minnesota juvenile court.

Services received via video, e-visit or telephone are covered under the “Telehealth/Telemedicine Services” section.

#### Office Visits

##### *Select Tier*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$10 per visit. Deductible does not apply.	50% of the charges incurred.

##### *Standard Tier*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$50 per visit. Deductible does not apply.	50% of the charges incurred.

#### Convenience clinics

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$5 per visit. Deductible does not apply.	50% of the charges incurred.

## BENEFITS CHART

---

### Injections administered in a physician's office, other than immunizations

#### Allergy injections

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$2 per date of service. Deductible does not apply.	50% of the charges incurred.

#### All other injections

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$2 per date of service. Deductible does not apply.	50% of the charges incurred.

#### Not Covered:

- Court ordered treatment, except as described in this Benefits Chart under "Mental Health Services" and "Office Visits for Illness or Injury" or as otherwise required by law.
- See "Services Not Covered" in the Group Membership Contract.

### **PEDIATRIC AUTOIMMUNE NEUROPSYCHIATRIC DISORDERS ASSOCIATED WITH STREPTOCOCCAL INFECTIONS (PANDAS) AND PEDIATRIC ACUTE-ONSET NEUROPSYCHIATRIC SYNDROME (PANS) TREATMENT**

#### Definitions:

**Pediatric acute-onset neuropsychiatric syndrome.** This means a class of acute-onset obsessive compulsive or tic disorders or other behavioral changes presenting in children and adolescents that are not otherwise explained by another known neurologic or medical disorder.

**Pediatric autoimmune neuropsychiatric disorders associated with streptococcal infections.** This means a condition in which a streptococcal infection in a child or adolescent causes the abrupt onset of clinically significant obsessions, compulsions, tics, or other neuropsychiatric symptoms or behavioral changes, or a relapsing and remitting course of symptom severity.

#### Covered Services:

We cover treatment for pediatric autoimmune neuropsychiatric disorders associated with streptococcal infections (PANDAS) and for treatment for pediatric acute-onset neuropsychiatric syndrome (PANS). Treatments that must be covered under this section must be recommended by the member's licensed health care professional and include but are not limited to antibiotics, medication and behavioral therapies to manage neuropsychiatric symptoms, plasma exchange, and immunoglobulin.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
Coverage level is same as corresponding Network Benefit, depending on type of service provided, such as Office Visits for Illness or Injury, Inpatient or Outpatient Hospital Services.	Coverage level is same as corresponding Non-Network Benefit, depending on type of service provided, such as Office Visits for Illness or Injury, Inpatient or Outpatient Hospital Services.

#### Not Covered:

- See "Services Not Covered" in the Group Membership Contract.

## **BENEFITS CHART**

---

### **PEDIATRIC EYEWEAR**

#### **Covered Services:**

We cover pediatric eyewear for children.

Routine eye exams are covered under the “Preventive Services” section.

*Subject to the Standard Tier Deductibles*

<u><b>Network Benefits</b></u>	<u><b>Non-Network Benefits</b></u>
70% of the charges incurred.	No Coverage.

#### **Limitations:**

- Coverage under this provision will continue until the end of the month in which the child turns age 19.
- Limited to one of the following per calendar year:
  - one pair of eyeglasses including one set of prescription lenses, frames from our designated eyewear collection, and anti-scratch coating; or
  - one pair of non-disposable contact lenses; or
  - a one-year supply of disposable contact lenses
- Contact lens fittings are limited to two per calendar year.

#### **Not Covered:**

- Frames that are not included in our designated eyewear collection. However, one pair of lenses will be covered if a member chooses frames outside the designated eyewear collection.
- More than one pair of lenses or frames or non-disposable contacts per calendar year, regardless of the reason. This includes replacement of eyeglasses or contact lenses due to loss, breakage, theft, or change in prescription.
- Safety glasses or goggles for sports or vocational reasons.
- Upgrades including, but not limited to, UV protection and no-line multifocal lenses.
- See “Services Not Covered” in the Group Membership Contract.

### **PHYSICAL THERAPY, OCCUPATIONAL THERAPY AND SPEECH THERAPY**

#### **Covered Services:**

We cover the following physical therapy, occupational therapy and speech therapy services:

- rehabilitative care to correct the effects of illness or injury;
- habilitative care rendered for congenital, developmental or medical conditions which have significantly limited the successful initiation of normal speech and normal motor development.

Massage therapy which is performed in conjunction with other treatment/modalities by a physical occupational therapist, is part of a prescribed treatment plan and is not billed separately is covered.

We cover services provided in a clinic. We also cover physical therapy provided in an outpatient hospital facility. To see the benefit level for inpatient hospital or skilled nursing facility services, see benefits under Inpatient Hospital and Skilled Nursing Facility Services.

**BENEFITS CHART**

---

**Rehabilitative care**

*Select Tier*

<p><b><u>Network Benefits</u></b>          100% of the charges incurred, subject to a member copayment of \$10 per visit.          Deductible does not apply.</p>	<p><b><u>Non-Network Benefits</u></b>          50% of the charges incurred.</p>
---	---

*Standard Tier*

<p><b><u>Network Benefits</u></b>          100% of the charges incurred, subject to a member copayment of \$50 per visit.          Deductible does not apply.</p>	<p><b><u>Non-Network Benefits</u></b>          50% of the charges incurred.</p>
<p><b><u>Non-Network Benefits</u></b>          Physical and Occupational Therapy combined are limited to 20 visits per calendar year.          Speech Therapy is limited to 20 visits per calendar year.</p>	

**Habilitative care**

*Select Tier*

<p><b><u>Network Benefits</u></b>          100% of the charges incurred, subject to a member copayment of \$10 per visit.          Deductible does not apply.</p>	<p><b><u>Non-Network Benefits</u></b>          50% of the charges incurred.</p>
---	---

*Standard Tier*

<p><b><u>Network Benefits</u></b>          100% of the charges incurred, subject to a member copayment of \$50 per visit.          Deductible does not apply.</p>	<p><b><u>Non-Network Benefits</u></b>          50% of the charges incurred.</p>
<p><b><u>Non-Network Benefits</u></b>          Physical and Occupational Therapy combined are limited to 20 visits per calendar year.          Speech Therapy is limited to 20 visits per calendar year.</p>	

**Not Covered:**

- Massage therapy for the purpose of comfort or convenience of the member.
- See “Services Not Covered” in the Group Membership Contract.

## BENEFITS CHART

---

### PORT WINE STAIN REMOVAL SERVICES

#### Covered Services:

We cover port wine stain removal services.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
Coverage level is same as corresponding Network Benefit, depending on type of service provided such as Office Visits for Illness or Injury, Inpatient or Outpatient Hospital Services.	Coverage level is same as corresponding Non-Network Benefit, depending on type of service provided, such as Office Visits for Illness or Injury, Inpatient or Outpatient Hospital Services.

#### Not Covered:

- See “Services Not Covered” in the Group Membership Contract.

### PRE-DIABETES DISEASE MANAGEMENT PROGRAM

#### Covered Services:

If you meet our criteria for coverage, you may qualify for the Pre-diabetes Disease Management Program through Omada Health. The program covers group health coaching which focuses on weight loss, exercise, behavior modification and health education at select locations determined by the plan.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	Not applicable.

#### Not Covered:

- See “Services Not Covered” in the Group Membership Contract.

### PRESCRIPTION DRUG SERVICES

#### Covered Services:

We cover prescription drugs and medications that can be self-administered or are administered in a physician's office. We cover off-label use of formulary drugs to treat cancer if the drug is recognized for the treatment of cancer in any authoritative compendia used by the Medicare program.

We cover orally administered anticancer drugs at the applicable benefit level under outpatient drugs below. We are in compliance with Minnesota Statute 62A.3075 because we do not cover orally administered anticancer drugs under our specialty drug benefit.

We will refill a prescription for eye drops covered under this Benefits Chart if the member requests a refill and original prescription specified that additional quantities would be needed, providing the refill request does not exceed the quantities needed, and the following conditions are met:

- If the member requests a 30-day refill supply, the request must be made between 21 and 30 days of the later of (a) the original date that the prescription was distributed to the member or (b) the date that the most recent refill was distributed to the member; or
- If the member requests a 90-day refill supply, the request must be made between 75 and 90 days of the later of (a) the original date that the prescription was distributed to the member or (b) the date that the most recent refill was distributed to the member.

A licensed pharmacist may prescribe and dispense self-administered hormonal contraceptives, nicotine replacement medications, and opiate antagonists for the treatment of an acute opiate overdose in accordance with section 151.37, subdivision 14, 15, or 16, under the same terms of coverage that would apply had the prescription drug been prescribed by a licensed physician, physician assistant, or advanced practice nurse practitioner. If the plan excludes coverage for self-administered hormonal contraceptives, they will not be covered under this provision.

**BENEFITS CHART**

**For Network Benefits, drugs and medications must be obtained at a Network Pharmacy.**

**If a member copayment is required, you must pay one member copayment for each 31-day supply, or portion thereof, unless otherwise indicated below.**

**Outpatient drugs (except as specified below)**

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
<p>100% of the charges incurred, subject to a member copayment of \$5 for generic low cost formulary drugs.</p> <p>100% of the charges incurred, subject to a member copayment of \$25 for generic high cost formulary drugs.</p> <p>100% of the charges incurred, subject to a member copayment of \$60 for brand name formulary drugs.</p> <p>In no event will your cost for a formulary insulin drug exceed \$25.</p> <p>Non-formulary drugs are covered at 100% of the charges incurred, subject to a member copayment of \$150.</p> <p>Deductible does not apply.</p>	<p>50% of the charges incurred.</p>

**Cost-Sharing Limits for Insulin:** We are required to limit your cost-sharing on prescription insulin to no more than the net price of the prescription insulin drug. This requirement applies at the point of sale, including deductible payments and the cost-sharing amounts charged once the deductible is met.

**Cost-sharing.** This means a deductible payment, copayment, or coinsurance amount that you must pay for covered prescription insulin in accordance with the terms and conditions of this health plan.

**Net price.** This means our cost for prescription insulin, including any rebates or discounts received by or accrued directly or indirectly to us from a drug manufacturer or pharmacy benefit manager.

**Mail order drugs**

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
<p>For your convenience, you may also get up to a 93-day supply of outpatient prescription drugs that can be self-administered through the designated mail order service.</p> <p>Specialty Drugs are not available through the mail order service.</p>	<p>See Network Mail Order Drugs benefit.</p> <p>Mail order drugs are only available through the designated mail order service.</p>

**Specialty Drugs that are self-administered**

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
<p>80% of the charges incurred.</p> <p>Deductible does not apply.</p> <p>For Network Benefits, specialty drugs are limited to drugs on the specialty drug list and must be obtained from a designated vendor.</p>	<p>No Coverage.</p>

## BENEFITS CHART

---

### Drugs for the treatment of growth deficiency

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred. Deductible does not apply.  For Network Benefits, growth deficiency drugs are limited to drugs on the specialty drug list and must be obtained from a designated vendor.	50% of the charges incurred.

### Tobacco cessation drugs are covered for all FDA – approved tobacco cessation drugs for a minimum of 90 days

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

### Contraceptive drugs

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred for formulary drugs. Deductible does not apply.  If a physician requests that a non-formulary contraceptive drug be dispensed as written the drug will be covered at 100%, not subject to the deductible.	50% of the charges incurred.

**ACA preventive medications.** We cover preventive medications currently recommended by USPSTF with an A or B rating if they are prescribed by your medical provider and they are listed on our Commercial ACA Preventive Drug List. Preventive medications are subject to periodic review and modification. Changes would be effective in accordance with the federal rules and reflected in our current medical coverage criteria for preventive care services.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

### Limitations:

- Certain drugs may require prior authorization as indicated on the formulary. HealthPartners may require prior authorization for the drug and also the site where the drug will be provided. Certain drugs are subject to our utilization review process and quantity limits, as indicated on our formulary.
- Certain non-formulary drugs require prior authorization. In addition, certain drugs may be subject to any quantity limits applied as part of our trial program. The trial drug program applies to new prescriptions for certain drugs which have high toxicity, low tolerance, high costs and/or high potential for waste. Trial drugs are indicated on the formulary and/or the Specialty Drug List. Your first fill of a trial drug may be limited to less than a month supply. If the drug is well tolerated and effective, you will receive the remainder of your first month supply.
- If a member requests a brand name drug when there is a generic equivalent, the brand name drug will be covered up to the charge that would apply to the generic drug, minus any required copayment. If a physician requests that a brand name drug be dispensed as written, the drug will be paid at the non-formulary benefit.
- We may require members to try over-the-counter (OTC) drug alternatives before approving more costly formulary prescription drugs.
- Unless otherwise specified in the “Prescription Drug Services” section, you may receive up to a 31-day supply per prescription.
- A 93-day supply will be covered and dispensed only at pharmacies that participate in our extended day supply program
- New prescriptions to treat certain chronic conditions are limited to a 31-day supply.
- No more than a 31-day supply of Specialty Drugs will be covered and dispensed at a time, unless it’s a manufacturer supplied drug that cannot be split that supplies the member with more than a 31-day supply.
- The member copayment for a drug will not exceed the cost of the drug.

## BENEFITS CHART

---

### Not Covered:

- Replacement of prescription drugs, medications, equipment and supplies due to loss, damage or theft.
- Nonprescription (over the counter) drugs or medications, including, but not limited to, vitamins, supplements, homeopathic remedies, and non-FDA approved drugs unless listed on the formulary and prescribed by a physician or legally authorized health care provider under applicable state and federal law. We cover off-label use of drugs to treat cancer as specified in the "Prescription Drug Services" section of this Benefits Chart. This exclusion does not include over-the-counter contraceptives for women as allowed under the Affordable Care Act when the member obtains a prescription for the item. In addition, if the member obtains a prescription, this exclusion does not include aspirin to prevent cardiovascular disease for men and women of certain ages; folic acid supplements for women who may become pregnant; fluoride chemoprevention supplements for children without fluoride in their water source; and iron supplements for children ages 6-12 months who are at risk of anemia.
- Drugs on the Excluded Drug List. The Excluded Drug List includes select drugs within a therapy class that are not eligible for coverage. This includes drugs that may be excluded for certain indications. However, you may request coverage for a drug on the Excluded Drug List by requesting an exception to the formulary under the formulary exception process described in the definition of formulary in this Benefits Chart. The Excluded Drug List is available at [healthpartners.com](http://healthpartners.com)
- Drugs that are newly approved by the FDA until they are reviewed and approved by HealthPartners Pharmacy and Therapeutics Committee. However, you may request coverage for a drug that is newly approved by the FDA by requesting an exception to the formulary under the formulary exception process described in the definition of formulary in the Benefits Chart.
- All drugs used for sexual dysfunction.
- Fertility drugs.
- Medical cannabis.
- Medical devices approved by the FDA will not be covered under the "Prescription Drug Services" section unless they are on our formulary. Covered medical devices are generally submitted and reimbursed under your medical benefits.
- See "Services Not Covered" in the Group Membership Contract.

### PREVENTIVE SERVICES

#### Applicable Definitions:

**Routine Preventive Services** are routine healthcare services that include screenings, check-ups and counseling to prevent illness, disease or other health problems before symptoms occur.

**Diagnostic Services** are services to help a provider understand your symptoms, diagnose illness and decide what treatment may be needed. They may be the same services that are listed as preventive services, but they are being used as diagnostic services. Your provider will determine if these services are preventive or diagnostic. These services are not preventive if received as part of a visit to diagnose, manage or maintain an acute or chronic medical condition, illness or injury. When that occurs, unless otherwise indicated below, standard deductibles, copayments or coinsurance apply.

#### Covered Services:

We cover preventive services that meet any of the requirements under the Affordable Care Act (ACA) shown in the bulleted items below. These preventive services are covered at 100% under the network benefits with no deductible, copayments or coinsurance. (If a preventive service is not required by the ACA and it is covered at a lower benefit level or if a group qualifies for an exemption or accommodation for certain benefits under the ACA, it will be specified below). Preventive benefits mandated under the ACA are subject to periodic review and modification. Changes would be effective in accordance with the federal rules. Preventive services mandated by the ACA include:

- Evidence-based items or services that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force with respect to the individual;
- Immunizations for routine use in children, adolescents, and adults that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention with respect to the individual;
- With respect to infants, children, and adolescents, evidence-informed preventive care and screenings provided for in comprehensive guidelines supported by the Health Resources and Services Administration; and
- With respect to women, preventive care and screenings provided for in comprehensive guidelines supported by the Health Resources and Services Administration.

## BENEFITS CHART

Covered services are based on established medical policies, which are subject to periodic review and modification by the medical or dental directors. These medical policies (medical coverage criteria) are available by calling Member Services, or logging on to your “myHealthPartners” account at [healthpartners.com](http://healthpartners.com).

A complete list of preventive care services recommended under the U.S. Preventive Task Force (USPSTF) is available online at [uspreventiveservicestaskforce.org/Page/Name/uspstf-a-and-b-recommendations](http://uspreventiveservicestaskforce.org/Page/Name/uspstf-a-and-b-recommendations).

HHS: [healthcare.gov/coverage/preventive-care-benefits](http://healthcare.gov/coverage/preventive-care-benefits)

CDC: [cdc.gov/vaccines/schedules/index.html](http://cdc.gov/vaccines/schedules/index.html)

### ACA and state mandated preventive services are covered as follows:

**Routine health exams and periodic health assessments.** A physician or health care provider will counsel you as to how often health assessments are needed based on age, sex and health status. This includes screening for tobacco use, at least two tobacco cessation attempts per year (for those who use tobacco products), all FDA approved tobacco cessation medications including over-the-counter drugs (as shown in the “Prescription Drug Services” Section) and at least four counseling sessions of at least ten minutes each for tobacco cessation.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

**Child health supervision services.** This includes pediatric preventive services, such as fluoride chemoprevention for children without fluoride in their water source, newborn screenings, appropriate immunizations, developmental assessments and laboratory services appropriate to the age of the child from birth to 72 months, and appropriate immunizations until the end of the month in which the child turns 19, as defined by the Standards of Child Health Care issued by the American Academy of Pediatrics. We cover at least five child health supervision visits from birth to 12 months, three child health supervision visits from 12 months to 24 months, once a year from 24 months to 72 months.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

**Routine prenatal care and exams.** This includes the comprehensive package of medical and psychosocial support provided throughout a pregnancy, including risk assessment, serial surveillance, prenatal education, and use of specialized skills and technology when needed, as defined by Standards for Obstetric-Gynecologic Services issued by the American College of Obstetricians and Gynecologists.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

**Routine postnatal care.** This includes health exams, assessments, education and counseling relating to the period immediately after childbirth

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

**Routine screening procedures for cancer.** This includes colorectal screening, digital rectal examinations, or other cancer screenings recommended by the USPSTF with an A or B rating. Women’s preventive health services below describes additional routine screening procedures for cancer.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

## BENEFITS CHART

---

**Professional voluntary family planning services.** This includes services to prevent or delay a pregnancy, including counseling and education. Services must be provided by a licensed provider.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	See Network Benefits.

### Adult immunizations

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

**Women’s preventive services.** This includes mammograms\*, screenings for cervical cancer (pap smears), breast pumps, human papillomavirus (HPV) testing; counseling for sexually transmitted infections, counseling and screening for human immunodeficiency virus (HIV), and all FDA approved contraceptive methods as prescribed by a doctor, sterilization procedures, education and counseling (see the “Prescription Drug Services” section for coverage of oral contraceptive drugs). For women whose family history is associated with an increased risk for BRCA1 or BRCA2 gene mutations, we cover genetic counseling and BRCA screening without cost sharing, if appropriate and as determined by a physician

\*Preventive mammogram screening includes digital breast tomosynthesis (3D mammograms) for members at risk for breast cancer.

"At risk for breast cancer" means: (1) having a family history with one or more first- or second-degree relatives with breast cancer; (2) testing positive for BRCA1 or BRCA2 mutations; (3) having heterogeneously dense breasts or extremely dense breasts based on the Breast Imaging Reporting and Data System established by the American College of Radiology; or (4) having a previous diagnosis of breast cancer.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

**Obesity screening and management.** We cover obesity screening and counseling for all ages during a routine preventive care exam. If you are age 18 or older and have a body mass index of 30 or more, we also cover intensive obesity management to help you lose weight. Your primary care doctor can coordinate these services.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

**In addition to any ACA or state mandated preventive services referenced above, we cover the following eligible services:**

### Routine eye and hearing exams

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	50% of the charges incurred.

**BENEFITS CHART**

**Ovarian cancer surveillance tests for women who are at risk.** “At risk for ovarian cancer” means (1) having a family history that includes any of the following: one or more first-degree or second-degree relatives with ovarian cancer, clusters of female relatives with breast cancer or nonpolyposis colorectal cancer; or (2) testing positive for BRCA1 or BRCA2 mutations. “Surveillance tests for ovarian cancer” means annual screening using: CA-125 serum tumor marker testing, transvaginal ultrasound, pelvic examination or other proven ovarian cancer screening tests currently being evaluated by the federal Food and Drug Administration or by the National Cancer Institute.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
Coverage level is same as corresponding Network Benefit, depending on type of service provided, such as Diagnostic Imaging Services, Laboratory Services Office Visits for Illness or Injury or Preventive Services.	Coverage level is same as corresponding Non-Network Benefit, depending on type of service provided, such as Diagnostic Imaging Services, Laboratory Services Office Visits for Illness or Injury or Preventive Services.

**Limitations:**

- Services are not preventive if received as part of a visit to diagnose, manage or maintain an acute or chronic medical condition, illness or injury. When that occurs, unless otherwise indicated above, standard deductibles, copayments or coinsurance apply.

**Not Covered:**

- See “Services Not Covered” in the Group Membership Contract.

**SPECIFIED NON-NETWORK SERVICES**

**Covered Services:**

We cover the following services when you elect to receive them from a non-network provider, at the same level of coverage we provide when you elect to receive the services from a network provider:

- Voluntary family planning of the conception and bearing of children.
- The provider visit(s) and test(s) necessary to make a diagnosis of infertility.
- Testing and treatment of sexually transmitted diseases (other than HIV).
- Testing for AIDS or other HIV-related conditions.

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
Coverage level is same as corresponding Network Benefit, depending on type of service provided, such as Office Visits for Illness or Injury.	See Network Benefits for the services covered.

**Not Covered:**

- See “Services Not Covered” in the Group Membership Contract.

## BENEFITS CHART

### TELEHEALTH/TELEMEDICINE SERVICES

#### Definitions:

**Telehealth, Telemedicine, or Virtual Care.** This is a means of communication between a health care professional and a patient. This includes the use of secure electronic information, imaging, and communication technologies, including:

- interactive audio or audio-video
- interactive audio with store-and-forward technology
- chat-based and email-based systems
- physician-to-physician consultation
- patient education
- data transmission
- data interpretation
- digital diagnostics (algorithm-enabled diagnostic support)
- digital therapeutics (the use of personal health devices and sensors, either alone or in combination with conventional drug therapies, for disease prevention and management)

Services can be delivered:

Synchronously: the patient and health care professional are engaging with one another at the same time; or

Asynchronously: the patient and health care professional engage with each other at different points in time.

**Telephone Visits.** Live, synchronous, interactive encounters over the telephone between a patient and a healthcare provider.

**E-visit or chat-based visits.** Asynchronous online or mobile app encounters to discuss a patient's personal health information, vital signs, and other physiologic data or diagnostic images. The healthcare provider reviews and delivers a consultation, diagnosis, prescription or treatment plan after reviewing the patient's visit information.

**Virtuwell®.** This is an online service for you to receive a diagnosis and treatment for certain conditions, such as a cold, flu, ear pain and sinus infections. You may access the Virtuwell website at [virtuwell.com](http://virtuwell.com).

**Video Visits.** Live, synchronous, interactive encounters using secure web-based video between a patient and a healthcare provider.

#### Covered Services:

The Plan covers the following methods of receiving care for services that would be eligible under the Plan if the service were provided in person.

#### Scheduled telephone visits

##### *Select Tier*

<b><u>Network Benefits</u></b>	<b><u>Non-Network Benefits</u></b>
100% of the charges incurred, subject to a member copayment of \$5 per visit. Deductible does not apply.	50% of the charges incurred.

##### *Standard Tier*

<b><u>Network Benefits</u></b>	<b><u>Non-Network Benefits</u></b>
100% of the charges incurred, subject to a member copayment of \$25 per visit. Deductible does not apply.	50% of the charges incurred.

## BENEFITS CHART

---

### E-visits

#### Access to online care through Virtuwel at [virtuwel.com](http://virtuwel.com)

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred. Deductible does not apply.	Not Applicable.

#### All other E-visits

##### Select Tier

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$5 per visit. Deductible does not apply.	50% of the charges incurred.

##### Standard Tier

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
100% of the charges incurred, subject to a member copayment of \$25 per visit. Deductible does not apply.	50% of the charges incurred.

#### Video visits

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
Coverage level is same as corresponding Network Benefit, depending upon type of service provided, such as Office Visits for Illness or Injury.	Coverage level is same as corresponding Non-Network Benefit, depending upon type of service provided, such as Office Visits for Illness or Injury.

#### Not Covered:

- See “Services Not Covered” in the Group Membership Contract.

## TRANSPLANT SERVICES

#### Applicable Definitions:

**Autologous.** This is when the source of cells is from the individual's own marrow or stem cells.

**Allogeneic.** This is when the source of cells is from a related or unrelated donor's marrow or stem cells.

**Autologous Bone Marrow Transplant.** This is when the bone marrow is harvested from the individual and stored. The patient undergoes treatment which includes tumor ablation with high-dose chemotherapy and/or radiation. The bone marrow is reinfused (transplanted).

**Allogeneic Bone Marrow Transplant.** This is when the bone marrow is harvested from the related or unrelated donor and stored. The patient undergoes treatment which includes tumor ablation with high-dose chemotherapy and/or radiation. The bone marrow is reinfused (transplanted).

**Autologous/Allogeneic Stem Cell Support.** This is a treatment process that includes stem cell harvest from either bone marrow or peripheral blood, tumor ablation with high-dose chemotherapy and/or radiation, stem cell reinfusion, and related care. Autologous/allogeneic bone marrow transplantation and high dose chemotherapy with peripheral stem cell rescue/support are considered to be autologous/allogeneic stem cell support.

**Designated Transplant Center.** This is any health care provider, group or association of health care providers designated by us to provide services, supplies or drugs for specified transplants for our members.

## BENEFITS CHART

---

**Transplant Services.** This is transplantation (including retransplants) of the human organs or tissue listed below, including all related post-surgical treatment and drugs and multiple transplants for a related cause. Transplant services do not include other organ or tissue transplants or surgical implantation of mechanical devices functioning as a human organ, except surgical implantation of an FDA approved Ventricular Assist Device (VAD) or total artificial heart, functioning as a temporary bridge to heart transplantation.

Prior authorization is required prior to consultation to support coordination of care and benefits.

### Covered Services:

We cover eligible transplant services (as defined above) while you are covered under this Benefits Chart. Transplants that will be considered for coverage are limited to the following:

- Kidney transplants for end-stage disease.
- Cornea transplants for end-stage disease.
- Heart transplants for end-stage disease.
- Lung transplants or heart/lung transplants for: (1) primary pulmonary hypertension; (2) Eisenmenger's syndrome; (3) end-stage pulmonary fibrosis; (4) alpha 1 antitrypsin disease; (5) cystic fibrosis; and (6) emphysema.
- Liver transplants for: (1) biliary atresia in children; (2) primary biliary cirrhosis; (3) post-acute viral infection (including hepatitis A, hepatitis B antigen e negative and hepatitis C) causing acute atrophy or post-necrotic cirrhosis; (4) primary sclerosing cholangitis; (5) alcoholic cirrhosis; and (6) hepatocellular carcinoma.
- Allogeneic bone marrow transplants or peripheral stem cell support associated with high dose chemotherapy for: (1) acute myelogenous leukemia; (2) acute lymphocytic leukemia; (3) chronic myelogenous leukemia; (4) severe combined immunodeficiency disease; (5) Wiskott-Aldrich syndrome; (6) aplastic anemia; (7) sickle cell anemia; (8) non-relapsed or relapsed non-Hodgkin's lymphoma; (9) multiple myeloma; and (10) testicular cancer.
- Autologous bone marrow transplants or peripheral stem cell support associated with high-dose chemotherapy for: (1) acute leukemias; (2) non-Hodgkin's lymphoma; (3) Hodgkin's disease; (4) Burkitt's lymphoma; (5) neuroblastoma; (6) multiple myeloma; (7) chronic myelogenous leukemia; and (8) non-relapsed non-Hodgkin's lymphoma.
- Pancreas transplants for simultaneous pancreas-kidney transplants for diabetes, pancreas after kidney, living related segmental simultaneous pancreas kidney transplantation and pancreas transplant alone.

For Network Benefits, charges for transplant services must be incurred at a designated transplant center.

The transplant-related treatment provided, including expenses incurred for directly related donor services, shall be subject to and in accordance with the provisions, limitations, maximum and other terms of this Benefits Chart.

Medical and hospital expenses of the donor are covered only when the recipient is a member and the transplant and directly related donor expenses have been prior authorized for coverage. Treatment of medical complications that may occur to the donor are not covered. Donors are not considered members, and are therefore not eligible for the rights afforded to members under the Contract.

The list of eligible transplant services and coverage determinations are based on established medical policies, which are subject to periodic review and modifications by the medical director

*Subject to the Standard Tier Deductibles*

<u>Network Benefits</u>	<u>Non-Network Benefits</u>
70% of the charges incurred.	50% of the charges incurred.

### Transplant Travel Benefit

We may provide travel and lodging when a member needs a transplant and a designated transplant center is greater than 100 miles from the member's primary address.

This benefit is subject to our medical policies (medical coverage criteria). Coverage criteria are available by calling Member Services or logging on to your "myHealthPartners" account at healthpartners.com.

**BENEFITS CHART**

---

When submitting receipts for travel and lodging, the member will need to attach a letter explaining that the receipts are in conjunction with an authorized organ or bone marrow transplant and include the recipient’s name and member ID number or complete a Lodging and Travel Claim form with the receipts.

*Subject to the Standard Tier Deductibles*

<u><b>Network Benefits</b></u>	<u><b>Non-Network Benefits</b></u>
Transplant Travel benefits are covered under the Network transplant services benefit.  Expenses for travel and lodging for the member (the transplant recipient) and one adult companion, or up to two companions for a transplant recipient that is a minor dependent, may be covered up to a maximum of \$10,000 per transplant.  Lodging coverage is limited to \$100 per day.	No Coverage.

**Not Covered:**

- We consider the following transplants to be investigative and do not cover them: surgical implantation of mechanical devices functioning as a permanent substitute for human organ, non-human organ implants and/or transplants and other transplants not specifically listed in this Benefits Chart.
- See “Services Not Covered” in the Group Membership Contract.