

Weight Loss Medications

Preferred Agents
Naltrexone/ bupropion (Contrave)
Phentermine/ topiramate (Qsymia)
Liraglutide (Saxenda)
Semaglutide (Wegovy)
Tirzepatide (Zepbound)

Preferred agents are generally covered when all of the following criteria are met, and per member plan documents.

Initial Coverage Criteria:

1. Patients with a body mass index (BMI) greater than 30 kg/m², or greater than 27 kg/m² with risk factors; and
2. Provider attestation of participation in a weight loss program addressing diet and exercise for at least two months immediately preceding initiation of therapy (programs can include clinic-based or third-party programs), participation will continue while the patient is on weight loss medication; and
3. Provider attestation of two or more clinic appointments discussing weight loss and lifestyle changes (with provider, diabetes educator, or dietician) in the previous six months prior to initiation of therapy.

Coverage Duration:

Initial approvals are for 6 months.

Coverage will be extended for 1 year for patients with a positive response (as determined in specific agent criteria listed below) and continuing participation in a weight loss program addressing diet and exercise.

Positive Response Definition:

- Contrave and Qsymia
 - Weight loss of greater than or equal to 5% of baseline after 12 weeks of therapy
- Saxenda
 - Weight loss of greater than or equal to 4% of baseline after 16 weeks of therapy
- Wegovy
 - Weight loss of greater than or equal to 5% of baseline after 26 weeks of therapy
- Zepbound
 - Weight loss of greater than or equal to 5% of baseline after 26 weeks of therapy

Renewal Criteria:

Coverage will be extended for 1 year for patients with a positive response (per provider attestation) and continuing participation in a weight loss program addressing diet and exercise.



Other Criteria:

Coverage follows benefit coverage for weight loss medications.

Concurrent use of GLP-1 or GLP-1/GIP agonists indicated for weight loss and/or diabetes is not allowed.

ThedaCare (Group 34600) – Additional Initial Coverage Criteria

Criteria 2 – For participation in a weight loss program, members must enroll in the Wondr program.

Criteria 3 – One of the two clinic appointments must be with a ThedaCare Neenah Weight Wellness Nutrition visit.