

HealthPartners 2022 MSHO Supplemental Benefits

CONFIDENTIAL until 10/1/21

Benefit	Description
Activity tracker	Coverage of one activity tracker per member per year. Electronic device to track steps and calculate calories burned.
Adult Day Services*	Program provides supervised care for members with a dementia diagnosis by meeting these members unique social and health needs including limited physical and cognitive functional abilities. Center must be meet state of MN requirements. Care Coordinator identifies members with a dementia diagnosis and coordinates services. Unlimited sessions.
Animatronic Support Pet*	Coverage of one Animatronic Support Pet per member per year. Life-like pet provides companionship, reduces isolation and can improve well being and emotional function. Members with any of the diagnoses listed below. Care Coordinator identifies members with a covered diagnosis and coordinates services. Will be offering either a cat or dog in 2022.
Dental – Adult Fluoride	Coverage of additional fluoride. All dental services must be received from a network provider.
Dental – Periodic exams	Coverage of additional periodic exam. All dental services must be received from a network provider.
Dental – Scaling and root planing	Coverage for periodontal services includes scaling and root planing. All dental services must be received from a network provider.
Dental – Periodontal maintenance	Coverage for periodontal services includes periodontal maintenance. All dental services must be received from a network provider.
Dental – Additional Coverage for Root Canals on Molars	Coverage for endodontics includes root canals on molars. All dental services must be received from a network provider.
Dental – Crowns coverage	Coverage for restorative services includes coverage for porcelain crowns limited to \$2,500 maximum. All dental services must be received from a network provider.
Electric Toothbrush	Coverage for one electric toothbrush kit per member per year.
Family Caregiver Services*	Services provided to caregivers includes training, education, coaching, counseling, and Family Memory Care (FMC) program for a caregiver living with the member. FMC improves the caregiver’s ability to manage the challenges of caregiving and provide social support and minimizing the difficulties caregiving for an individual with dementia. Care Coordinator identifies members with a dementia diagnosis and coordinates services. FMC - Up to 20 hours per year. Training/Education up to 12 hours per year. Coaching/Counseling up to 12 hours per year.
First Aid Kit	Coverage for one first aid kit per member per year. First aid kit includes ointments, various size bandages, pad, and gauze, tape, sanitizing wipes, cold compress, CPR face shield, and one-time use thermometer.
Foot Care visits	Covered services includes: soaking, filing, nail clipping, debridement and education around prevention/management.
Fresh Produce Box (FarmboxRx)	Members are eligible to receive up to two fresh produce boxes each month
Health Education Classes – Healthy Aging (Juniper) classes	Coverage of healthy aging classes. Classes include, but are not limited to, Matter of Balance, Tai Ji Quan and the Living Well Series.

Benefit	Description
Health Education Classes – PowerUp cooking class	Members receive tools and guidance in a group setting from professionals for better eating, activity and thinking. Classes provided by a certified health educator or other qualified health professional. Increased to 12 classes in 2022.
Home Delivery Meals	Home delivery of meals immediately following surgery or an inpatient hospital stay.
In-home bathroom safety devices and installation	Coverage for In-home bathroom safety devices and installation up to \$1,000 Coverage includes an assessment and installation of permanent devices based on individual need as determined in the assessment. Devices covered: Commodes, Commode chair with integrated seat lift mechanism/toilet seat lift mechanism, Bath/Shower chairs or tub stools/benches, Raised Toilet seats, Toilet seat safety frames, Transfer benches, Rehab shower and toileting systems, Bath lift equipment, Hand held shower, Grab bars, Bathtub wall rails
Independent Living Skills (ILS)*	Services develop, maintain, and improve a member’s community living skills including communication, mobility, interpersonal skills, and self-care in order to keep the member living independently longer and in a safer environment. Members with any of the diagnoses listed below are eligible for ILS. Care Coordinator identifies members with a covered diagnosis and coordinates services.
Night light	Coverage for two motion-activated night lights per member per year to aid the prevention of falls at night/when dark. Aiding in the prevention of falls diminishes the impact of injuries or health conditions and reduces avoidable emergency and health care utilization, as stated in CMS supplemental benefit guidance under the expanded definition of what is primary health related.
Pedaler	Coverage for one pedaler per member per year. Pedaler used in the home to strengthen and tone leg and arm muscles and increase joint range of motion.
Personal Emergency Response System	Coverage for one in-home device used to notify appropriate personnel of an emergency and/or monthly device maintenance fee if member received device in a previous year.
Pocket Hearing Amplifier	Coverage for one pocket hearing amplifier per member per year to amplify sound, improve independent living skills and improve ability to hear and understand health care providers, caregivers and care coordinators.
Psychotherapy for Caregivers*	Psychotherapy for caregivers of members with a diagnosis of dementia. 6 visits per year. Care Coordinator identifies members with a dementia diagnosis and coordinates services.
Readmission Prevention	Includes an in-home safety assessment and medication reconciliation
Respite Care*	Short-term services provided to members with diagnosis of dementia when the primary care giver is absent or needs relief. Care Coordinator identifies members with a dementia diagnosis and coordinates services.
SilverSneakers (Fitness Benefit)	Coverage of monthly basic membership at national network of nationally participating fitness facilities only. No health club fee. Members not electing fitness facility membership can order one home fitness kit per year. Changing fitness vendor benefit in 2022.
Tablet	Coverage of tablet for members with diabetes, heart disease, depression, or cognitive impairment. Tablet will only be configured with health education, health engagement, wellness, and the HealthPartners applications and will support the transmission of health information to the care team. Device will support engagement with the care team and will not replace face-to-face physician visits. Technical support to assist with how to use the equipment and ongoing support will be provided. The frequency of the data transmission will depend on the condition, needs and

Benefit	Description
	interest of the member as the tablet benefit design is person-centered to meet the individual needs of each member. Tablet will comply with applicable state and federal requirements and will be configured for member usage such that external applications are not available. The plan will not pay for internet service. Limited to one tablet per member every two years.
Tints and Coatings	Coverage for upgrades includes tints and coatings on eyeglasses.
Transportation for Caregivers to Attend Covered Caregiver Support Services*	Transportation for Caregivers to Support Services for Caregivers. Includes roundtrip transportation for caregivers of a member with a diagnosis of dementia. Transportation must be coordinated through RideCare. Care Coordinator identifies members with a dementia diagnosis and coordinates services.
Transportation to/from Supplemental Benefit covered services	Roundtrip transportation to locations of covered supplemental benefits including health club, Health Education Classes, and Alcoholics Anonymous or Narcotics Anonymous meetings. Transportation must be coordinated through RideCare.
virtuwell	Unlimited virtuwell visits.
Weight Management Program	Coverage of weight management program that offers in-person or online programming. The weight management program includes nutrition content and support that is available in-person and/or online. The program includes activity tracking, fitness support, personalized goals, online chat support, phone sessions and action plan, and group meetings.

*Special Supplemental Benefit for Chronic Illness and limited to specific diagnoses (identified in the note)

Continuing supplemental benefit from 2020

New or updated supplemental benefit

Part B Buy-Down: \$22.00

Discontinued from 2021:

- **Light therapy lamp** (covered by Medicaid for qualifying members)

Covered diagnoses for ILS, Animatronic Support Pet, and Fresh Produce Box: Autoimmune disorders; Cancer; Cardiovascular disorders; Chronic alcohol and other drug dependence; Chronic heart failure; Chronic kidney disease; Chronic liver disease or cirrhosis; Chronic lung disorders; Chronic and disabling mental health conditions; Dementia; Diabetes; End-stage liver disease; End-stage renal disease (ESRD); HIV/AIDS; Morbid obesity; Neurologic disorders; Neuromuscular disorders; Severe hematologic disorders; Spinal cord injury or paralysis; Stroke

Updated August 25, 2021