## **HealthPartners 2024 MSHO Supplemental Benefits**

Benefit	Description
Activity Tracker	Coverage of one activity tracker per member per year. Electronic device to track steps and calculate calories burned.
Animatronic Support Pet*	Coverage of one Animatronic Support Pet per member per year. Life-like pet provides companionship, reduces isolation, and can improve well-being and emotional function. Members with any of the diagnoses listed below. Care Coordinator identifies members with a covered diagnosis and coordinates services. Will be offering either a cat, dog, or bird in 2024.
Dental – Adult Fluoride	Coverage of additional fluoride. All dental services must be received from a network provider.
Dental – Periodic exams	Coverage of additional periodic exam. All dental services must be received from a network provider.
Dental – Additional Coverage for Root Canals on Molars	Coverage for endodontics includes root canals on molars. All dental services must be received from a network provider.
Dental – Crowns Coverage	Coverage for restorative services includes coverage for porcelain crowns limited to \$2,500 maximum. All dental services must be received from a network provider.
Electric Toothbrush	Coverage for one electric toothbrush kit per member per year and three toothbrush heads per member per year.
Family Caregiver Services*	Services provided to caregivers includes training, education, coaching, counseling, and Family Memory Care (FMC) program for a caregiver living with the member. FMC improves the caregiver's ability to manage the challenges of caregiving and provide social support and minimizing the difficulties caregiving for an individual with dementia. Care Coordinator identifies members with a dementia diagnosis and coordinates services. FMC - Up to 20 hours per year. Training/Education up to 12 hours per year.
First Aid Kit	Coverage for one first aid kit per member per year. First aid kit includes ointments, various size bandages, pad, gauze, tape, sanitizing wipes, cold compress, CPR face shield, and one-time use thermometer.
Foot Care Visits	Covered services includes: soaking, filing, nail clipping, debridement and education around prevention/management.
Fresh Produce Box (FarmboxRx)*	Members are eligible to receive up to two fresh produce boxes each month.
Health Education Classes – Healthy Aging (Juniper) Classes	Coverage of healthy aging classes. Classes include, but are not limited to, Matter of Balance, Tai Ji Quan and the Living Well Series.
Health Education Classes – PowerUp	Members receive tools and guidance in a group setting from professionals for better eating, activity and thinking.
Cooking Class	Classes provided by a certified health educator or other qualified health professional. 6 classes in 2024.
Home Delivery Meals	Home delivery of meals immediately following surgery or an inpatient hospital stay. A maximum of 28 meals can be provided in a maximum window of 28 days after each hospitalization.
In-home bathroom Safety Devices	Coverage for In-home bathroom safety devices and installation up to \$1,000. Coverage based on individual need as
and Installation	determined by care coordinator in the assessment. Devices covered: Commodes, Commode chair with integrated seat lift mechanism/toilet seat lift mechanism, Bath/Shower chairs or tub stools/benches, Raised Toilet seats, Toilet seat safety frames, Transfer benches, Bath lift equipment, Hand held shower, Grab bars, and Bathtub wall rails.

Benefit	Description
Independent Living Skills (ILS)*	Services develop, maintain, and improve a member's community living skills including communication, mobility, interpersonal skills, and self-care in order to keep the member living independently longer and in a safer environment. Members with any of the diagnoses listed below are eligible for ILS. Care Coordinator identifies members with a covered diagnosis and coordinates services.
Night Light	Coverage for two motion-activated night lights per member per year to aid the prevention of falls at night/when dark.  Aiding in the prevention of falls diminishes the impact of injuries or health conditions and reduces avoidable emergency and health care utilization, as stated in CMS supplemental benefit guidance under the expanded definition of what is primarily health related.
Pedaler	Coverage for one pedaler per member per year. Pedaler used in the home to strengthen and tone leg and arm muscles and increase joint range of motion.
Personal Emergency Response System	Coverage for one in-home device used to notify appropriate personnel of an emergency and/or monthly device maintenance fee.
Pocket Hearing Amplifier	Coverage for one pocket hearing amplifier per member per year to amplify sound, improve independent living skills and improve ability to hear and understand health care providers, caregivers and care coordinators.
Psychotherapy for Caregivers*	Psychotherapy for caregivers of members with a diagnosis of dementia. 6 visits per year. Care Coordinator identifies members with a dementia diagnosis and coordinates services.
Respite Care*	Short-term services provided to members with diagnosis of dementia when the primary care giver is absent or needs relief. Care Coordinator identifies members with a dementia diagnosis and coordinates services.
SilverSneakers (Fitness Benefit)	Coverage of monthly basic membership at national network of nationally participating fitness facilities only. No health club fee. Members not electing fitness facility membership can order one home fitness kit per year.
Tablet	Coverage of tablet for members with diabetes, heart disease, depression, or cognitive impairment. Tablet will only be configured with health education, health engagement, wellness, and the HealthPartners applications and will support the transmission of health information to the care team. Device will support engagement with the care team and will not replace face-to-face physician visits. Technical support to assist with how to use the equipment and ongoing support will be provided. Tablet will comply with applicable state and federal requirements and will be configured for member usage such that external applications are not available. The plan will not pay for internet service. Limited to one tablet per member every two years.
Transportation for Caregivers to Attend Covered Caregiver Support Services*	Transportation for Caregivers to Support Services for Caregivers. Includes roundtrip transportation for caregivers of a member with a diagnosis of dementia. Transportation must be coordinated through RideCare. Care Coordinator identifies members with a dementia diagnosis and coordinates services.
Transportation to/from Supplemental Benefit covered Services	Roundtrip transportation to locations of covered supplemental benefits including health club, Health Education Classes, and Alcoholics Anonymous or Narcotics Anonymous meetings. Transportation must be coordinated through RideCare.
Virtuwell	Unlimited Virtuwell visits.

Benefit	Description
Vision – Coatings	Coverage for upgrades includes coatings on eyeglasses.
Vision – Progressive Lenses	Coverage for progressive lenses. Limited to 1 pair of lenses per member per year.
Weight Management Program	Coverage of weight management program that offers in-person or online programming. The weight management program includes nutrition content and support that is available in-person and/or online. The program includes activity tracking, fitness support, personalized goals, online chat support, phone sessions and action plan, and group meetings. Coverage of weight management program that offers 13 weeks of in person workshops and 14 weeks of digital tools including online workshops.

<sup>\*</sup>Special Supplemental Benefit for Chronic Illness and limited to specific diagnoses (identified in the note)

Continuing supplemental benefit from 2023
New or updated supplemental benefit

Part B Buy-Down: \$4.00

## New in 2024:

• Vision - Progressive lenses

## Discontinued from 2023:

• NONE – continuing all supplemental benefits from 2023

Covered Diagnoses for ILS, Animatronic Support Pet, and Fresh Produce Box: Autoimmune disorders; Cancer; Cardiovascular disorders; Chronic alcohol and other drug dependence; Chronic heart failure; Chronic kidney disease; Chronic liver disease or cirrhosis; Chronic lung disorders; Chronic and disabling mental health conditions; Dementia; Diabetes; End-state liver disease; End-stage renal disease (ESRD); HIV/AIDS; Morbid obesity; Neurologic disorders; Severe hematologic disorders; Stroke