

Weight Loss Surgery Program Referrals

HealthPartners has developed a pre-weight loss surgery curriculum designed to prepare individuals for the lifestyle changes that weight loss surgery requires. This course is required prior to authorizing weight loss surgery for a HealthPartners member.

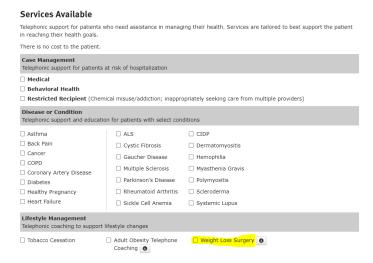
This is a phone-based weight management program facilitated by a Registered Dietitian and Health Educator with experience in behavior change and bariatric surgery. It is intended to supplement, not replace, any educational visits with individual surgeon groups.

For additional details, please visit the Weight loss and bariatric surgery page on our Provider Portal.

Making a program referral:

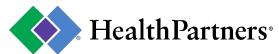
Use the Disease, Case and Lifestyle Management form to submit your program referral.

- Weight loss surgery program referrals are made on the HealthPartners Provider Portal. You can
 make a referral without logging in. However, if you have or create an account, your information
 will auto-populate when completing the form.
- Fill out all required fields on the form. When you reach "Services Available", go to the "Lifestyle Management" section of the form. Select "Weight Loss Surgery" (see image below).
- Once a referral is submitted, we will attempt to reach the member within one business day to enroll them in the program. We will attempt to reach members up to 3 times for enrollment.



Checking course status:

- Course completion will be tracked internally and reviewed as part of the prior authorization process. If you have questions regarding course status, referring providers can call our coaching team directly to request an update at 952-967-7096 or 1-800-720-1687.
- Members need to complete five phone sessions prior to surgery. As designed, completion of the
 phone program should not delay determination of surgery date. Calls are typically scheduled
 every two weeks (sometimes further apart).



 Once patients have completed their five sessions, the phone course team will notify our Utilization Management team as they will need this information for when they receive your prior authorizations for the surgery.

Questions?

• For questions on phone course status, please contact our coaching team at 952-967-7096. Please note, we will also track this internally as part of our prior authorization process.