

HealthPartners Employee Assistance Program

We help with the tough stuff

Employees lead busy lives, and everyday challenges can take a toll on their work. HealthPartners Employee Assistance Program (EAP) gives them the resources they need to manage stress and be more productive at work.

OUTSTANDING VALUE

Through collaboration, personal support, flexible program options and an engaging communications strategy, you'll experience outstanding value you can measure.

Personal

Get one-on-one implementation and ongoing support specific to your culture and needs.

Flexible

On-site promotional support is available when you want it, including at health fairs, lunch-and-learns and orientations.

Engaging

Timely and relevant communications as well as on-site employee and manager program orientations drive engagement and improve outcomes.

Comprehensive

Your employees get support when and how they want it so they can live and work better.

Plus, employees needing extra support can be referred to HealthPartners Behavioral Health Providers. This ensures they get the right plan coverage and continued care when they need it.

EAP COUNSELORS

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BEHAVIORAL HEALTH PROVIDERS

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INTEGRATED EAP NETWORK

UNPARALLELED CONVENIENCE

Because life is busy and not everyone seeks help the same way, your employees get 24/7, unlimited access to their EAP anywhere, all the time. Giving them the help they need when they want it and the way they want it.

Phone

Masters-level counselors are available when your employees' worries keep them up at night and away from work. Interpreters are also available in more than 200 languages.

Online

Through our inviting and informative website your employees will enjoy monthly topics, a savings center, online seminars and thousands of articles and tips sheets.

Mobile

Employees can get help on-the-go with the iConnectYou mobile app for iPhone or Android. They can use it for video visits with a counselor or get help finding child and elder care.

Texting/instant messaging

For your employees who want to keep their conversations private, they can message EAP counselors and work-life specialists through LiveCONNECT™ and the iConnectYou mobile app.

PERSONAL, COMPREHENSIVE SUPPORT

You'll experience full-service, ongoing support for your employees, your managers and you.

For your employees

Your employees will receive personal and professional counseling and support for a variety of complex and everyday issues in a way that works for them.

- **In-person support:** Some people feel more supported talking with someone in person. Choose up to three or six sessions per issue.
- **Work-life support services:** Work-life experts are available over the phone to help your employees with work concerns, finding child and elder care resources, achieving work-life balance and more.
- **Support from an attorney:** Legal issues can be overwhelming, costly and time-consuming. The EAP can help direct your employees to appropriate resources and offer a discount of 25 percent on most hourly rates if the attorney is retained.
- **Financial support:** From getting out of debt and balancing their finances to budgeting for a health savings plan, your employees will get the personal support they need.

For your managers

Managers get unlimited phone consultations and online resources to help them deal with tough situations like employee performance issues, coworker conflicts and difficult employee behavior. For particularly challenging situations critical incident stress management is available 24/7 via unlimited phone consultations and a three-hour on-site consultation. Additional on-site support is available for a fee.

For you

Because measurable outcomes are important to a program's success, you'll receive a quarterly utilization report. You'll also get annual outcomes data summarizing how the EAP impacts absenteeism and productivity.

To learn more about HealthPartners EAP,
contact your broker, consultant or account manager.
